

## CAUTION

Through the process of meditation the messages you are about to read have been transmitted through my awareness from an external source such as my Soul, Eternal Father, Holy Spirit, Jesus Christ, Mary, or a spiritual source such as a saint. There is absolutely no guarantee that my subconscious awareness has not contributed to the message in its final form or that a highly intelligent demonic spirit has not influenced the messages. I can only assure you that my intention was and remains to experience God as a formless being in ITS infinite awareness and to do God's will in my life. This spiritual journey is full of possible pitfalls, but I urge you to test the spirit of the messages and to take from them only that which can spiritually enrich your life and the lives you influence.

### TERMINOLOGY

**self:** This is my person or ego, Doug Norkum.

**Soul:** Each person or self has one Soul which is a part of the infinite awareness that is our Creator.

**God:** We have one Creator, I AM WHO I AM, who manifests in three persons, the Father, Son and Holy Spirit.

### Please Note:

1. I have no evidence that our Soul previews and chooses which life to be lived after conception.
2. Each person (or self) has one soul which is judged by our Eternal Father at the end of one life, after which our soul is judged and assigned to Hell, Purgatory or Heaven.

I strongly believe that our sins can only be redeemed by the crucifixion of Jesus Christ, the only begotten Son of God who died for our sins and was resurrected. Through belief in Jesus Christ, repentance for our sins, and consuming the body and blood of Jesus in the Holy Sacrifice of the Mass, we can eventually attain to sainthood in heaven, usually after purification in Purgatory.

I urge each one of you to read thoroughly the Bible and especially the New Testament. Heaven knows that I should have read and contemplated its message many more times— to listen intently and obey the words of Jesus and his disciples and to live in His footsteps. I can give you no better advice.

For those of you who would pray and meditate to gain guidance from our Eternal Father, and after much mental debate, I am motivated to share the good and the bad of my spiritual messages that you may avoid the pitfalls that my spiritual journey has taken.

Thus, I hold my meditations, over their journey of about forty years, up to your scrutiny and spiritual testing. The errors are mine and I take full responsibility for them. I will try to share with you the elements of the messages that are of concern to me and which may impede your spiritual development. Be assured that God will help you to expand your awareness to help others through acts of selfless charity that you might, through grace, attain Paradise.

***Our Eternal Father***  
***wishes to have a personal relationship with you***  
***to guide you through or around the pitfalls of your journey to Paradise.***

In Christ,  
Doug Norkum

Born: May 17, 1942 in Timmins, Ontario, Canada

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