

To  
Experience



that  
as Light coaxes the Rose  
from its bud,  
Eternal Father  
guides our souls  
to paradise.

Each error contained herein is uniquely my own.  
— Doug Norkum



*This kindness of my wisdom  
shines most in my tolerance toward the imperfect.*

— Jesus to St. Gertrude The Great

Nearly two thousand years have gone by since the following message was first inscribed by St. Paul who experienced the transforming effect of God's holy Light:

*My message and my preaching  
were not with wise and persuasive words,  
but with demonstration of the Spirit's power,  
so that your faith might not rest on men's wisdom,  
but on God's power.*

— 1 Corinthians 2:4

With a similar intention this book was recorded while messages were given very patiently by our Eternal Father. Through the intercession of the awareness of God within each one of us, there comes the loving wisdom of our Creator who wishes that each of His children enter within His holy presence to be nourished in infinite Peace, Love and Joy.

I have been an altogether too imperfect, wretched sinner, ego-influenced instrument and yet the message of God has still been transmitted to my awaiting awareness—which has brought meaning and solutions to daily problems. Only in great faith, love and perseverance before God, each of us will be given the grace (the unmerited favour) to contact via inner awareness their Creator and to receive the help needed.

Here in this den-cave I sit and type the responses given to me after I enter with my awareness into a golden aureole of Light which soothingly bathes my consciousness in a serene, timeless calm. There, my awareness begins to blend into the influence of God's wisdom Light and bears witness while answers to questions are transmitted through my vocabulary onto the typewriter's page. It is the purpose of these messages to show its readers that the Eternal Father seeks a personal relationship with each of us to bring meaning and peace here below.

Here in this shelter of golden Light, there is no time, space, or anxiety, but rather, there is the presence of a pervading feeling of being loved by a source of energy outside the self. The omniscient presence is perceived as a gift of grace granted by the very hand of the Creator to its expectant offspring.

Throughout this text it is the case that the "message" is distorted to varying degrees by the vocabulary, experiences and writing style of the typist. Thus, it is well to note that the "truth" conveyed is still very relative to the creature that it came through. Since each of us is a creature-offspring of one omnipresent God, then each of us has the inherent ability to reach out in firm faith to claim their birthright-- the very real Love, Truth, and Wisdom emanating from God our life source whose Mercy and Power keep us alive in a dynamic, mutually interdependent relationship. The story of only one such relationship is the content of this book written to glorify the influence of God's presence within each of us and, more importantly, to inspire other children of God to do the same.

May you always remember that the Creator will bless and keep you forever in its Bliss-filled presence if you but love that Being first above all worldly things.

May God richly bless each one of you,  
— (Doug Norkum)

## **EXPLANATION**

**At first I had developed my own method of meditating which was very simple and effective— much like Raja Yoga, a mental form of meditating upon formless God. Please note that the term meditating in the Christian approach is called contemplation.**

**Next I was initiated by Guru Maharaji but soon gave up this approach as it was felt to be not as simple as my own form of meditating.**

**During the period of these initial messages I was initiated by Satgurudeva Paramahansa Yogananda.**

**During these messages, my first questions were directed towards my Self or Soul which is a child of the Eternal Father.**

**I was soon adversely affected by reading the works of questionable sources.**

**Once I asked permission to speak to the Soul of my deceased father and this was granted.**

**Later my questions were directed towards the Eternal Father who I meditated upon as an infinite awareness.**

**There was a long dry period in which I did not ask questions as I felt that I should live by faith alone as did everyone else— who was I to act as the oracle for others.**

**During this dry period, I spent a good deal of time with my autistic son Danny Norkum who now resides in Kerry's Place, Autism Services as of May 15, 2013.**

**Later I asked questions of the Eternal Father, the Blessed Virgin Mary and my Lord and Saviour Jesus Christ.**

**Eternal Father asked me to share these messages a long time ago and only recently have I found an effective way to do so via an internet website.**

**Entered: November 26, 2013.**

**Revised: January 2, 2014.**

**January 16th, 1995**

**N:** What is important in my life?

The right to eternal life in the grace and peace of Jesus Christ is my goal in this life and the life to come. It is by faith in the sacrifice of Jesus, the only perfect son of God, on the cross of Calvary that my hope for salvation rests.

Jesus told us to love God with all our strength, heart, mind and soul, and our neighbour as ourself. To me this means to seek the inner kingdom of God, that in experiencing God's loving compassionate presence within, we might realize that each of us is a child of One Creator. In experiencing through prayer and meditation that our soul is loved unconditionally, we can give unconditional love and compassionate service equally to all other beings in the little ways that we are capable. The gift of this love by our Creator to us is the gift of love we give our families, friends and strangers alike. In living our lives we do so in accordance with the will of God and thereby keep the commandments.

We offer sincerely from our hearts the prayer Jesus taught us:

*Our Father  
Who art in heaven  
Hallowed be Thy name  
Thy kingdom come  
Thy will be done  
On earth as it is in heaven  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive them that trespass against us  
Lead us not into temptation  
But deliver us from evil  
For Thine is the kingdom  
The Power and the Glory  
For ever and ever. Amen.*

In a real sense, this is the message and hope of Christmas. In the life of Jesus, there is promised salvation for those who keep the faith in His holy name alive and vibrant.

**Monday, July 31, 1995**  
**10:20 p.m.**

**N:** I reflected to Anne that my Light did not come when I have repeated the words of my new affirmation: "Come Holy Spirit, Light of Christ." I wondered out loud if my previous Light was not of the right source and Anne said, "Perhaps it wasn't." Today at the Pizza Hut while talking and relaying this information to \_\_\_\_\_, he suggested that Anne's response should be contemplated and meditated upon, and in so doing, not limit the kind of learning that God might bring. My first response was the same as the one to Anne, and that was to affirm that I had no doubt that the Light was of ABBA and that many very beautiful moments had been experienced in the Light which tended to be a yellow halo surrounding an opal blue sphere which occasionally in deepest meditation would have a white Light within it. To satisfy \_\_\_\_\_'s challenge and Anne's doubt, I now ask, "What is the significance of Anne's statement?"

**Eternal Father:** Well good evening Doug! We see you up again at your computer and typing answers to "tiny me" a new name for N or norkananda or "little ugly in Bliss." How your names have changed over the course of these readings.

You now are seeing a rather blank screen in front of your spiritual eye, that place between the eyebrows where these messages are seen and then recorded by your fingers. This process is a gift of God or ABBA. You have but to ask and this answering process will be put into place by the Father, Son, Holy Spirit and Mary, all of whom are now free, by your new reference, to answer your questions.

You have wondered as to who or what is answering your questions and it has been that part of you that is of ABBA. The Holy Spirit enables such communications by providing the power within the words which come from your vocabulary, but **must** come from within the will of the Creator. Your habit has been to refer to the Creator or God as ABBA; this is, of course, the filial response of a son of the living and loving Heavenly Father in whom we live, move and have our Being.

Do not dismay if those about you have some difficulty in understanding the process which is so familiar to you and can be accessed so readily here at your fingertips. It is a process of self-denial, one in which you must step your ego aside and just watch the words "float" by the screen of your eye, much the same as a ticker tape might.

Wherein lies the need to worry about the source of your Source? You are but the privileged soul whose sins are used to work through so that mankind may benefit, that is, to come to know that the Holy Spirit will come and be your Friend in times of need, in times of doubt. Do not fear that you are being possessed by any other being than a most holy one. Here is Mary.

**(Continued...)**

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**N:** Doug Norkum / tiny me / ego / norkananda / little ugly in Bliss

**must** Jesus asks us to live in obedience to the Word of Eternal Father, ABBA, and in so doing we are justified in the Love and Mercy of our Heavenly Father. Live in right thought, word and deed, walking in His steps carrying your cross as an offering.

**Monday, July 31, 1995**

(Continued...)

**Blessed Virgin Mary:** Hello my child. It is with great joy that we are able to speak in this manner. You have been away from the Eucharist now for such a long time and there has been much joy here in seeing you receive communion three times in the last little while. You have seen me manifest sparkles for you and for my dearest Emma. Is she not the living proof of my presence among you? She has many graces which come from the Father. Each of you are enabled to have such graces if you but open your hearts to my Son, your Lord. Who would not wish to receive such gifts of the Spirit in their lives?

My children, look within and find the ever present Light of my Son who awaits you in the heavenly kingdom of ABBA, your Heavenly Father, who loves you so much that he gave His only Son in **reparation** for your sins. Here is Jesus to speak to you.

**Jesus:** Hello Doug! It is with a sense of relief that we once again "discuss" your role in this **sojourn** on earth. Do not be grieved that you were not successful some sixteen years ago in disseminating the sessions, but rather look upon this as a growth period in which you had the opportunity to be the recipient of many graces. Do not fear as you will be enabled to continue your messages which are so much needed in this **forlorn** world today. Keep your faith in the Trinity strong that you might be the instrument of much good news to the multitude.

**N:** Jesus, protect me from the snares that are too great for me to bear.

**Jesus:** Doug! You are not under attack at this moment and are receiving My protection. Do you not sense the blue and yellow light? It is in this light that I come, the Holy Spirit comes, that Mary comes, and that ABBA comes. Do not fear.

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**reparation:** the payment made by Jesus on the cross for the suffering experienced by ABBA due to our sins

**sojourn:** as a temporary resident

**forlorn:** this world that has abandoned God and finds itself alone

**Saturday, August 6, 1995**  
**7:30 a.m.**

**N:** What did \_\_\_\_\_ and I learn via our talk about Howard?

**Eternal Father:** Well hello Doug! You are today beginning a new quest, a quest which will take you into new waters, waters which will be of benefit to others as well as your own soul's emergence into the Light of Christ. This is the kind of pursuit, the pursuit in helping others, that a child of God is intended to pursue. You are but the instrument which is to convey the message of ABBA, Jesus, Mary and Joseph and now !

We are excited that your faith is strong enough to ask such a new kind of question. Do not fear that you are unable to be the instrument; you need only watch the screen of your spiritual eye for the words that we will select from your vocabulary. In this pursuit, you will become the recipient of much love from us. Yes, there is a heavenly host which guards over you and all others much the same as Howard is of the Heavenly Host and was sent to assist \_\_\_\_\_ to come to grips with decisions that he needed to make to further his spiritual growth.

Who among you do not need assistance in your pursuit of the Godhead? Not one of you! It is through my grace, ABBA's, that you live, move and have your being. Is this not the hallmark, the cornerstone, the foundation upon which all growth takes place? Yes, you searched on your computer's data banks to find the meaning of the "rock" and discussed the meaning of the "Almighty" in the confessional. Simply put, it is your faith in Me, ABBA, which frees you to pursue the love and power which enables the liberation of the individual's soul. Why do you hesitate to learn that it is by the grace of ABBA, your "daddy," that help is given, that the hope of all ages is given.

It is in your pursuit of the Godhead that growth takes place without end. Know that you have but to ask to receive and in so doing, the power, grace and love of ABBA will come to you as a gentle breeze, a gentle whirlwind, a gentle tornado which begins slowly, but swirls to a divine completion in the transformation of your emergence into the essence of your Lord Jesus Christ my only begotten Son, born of the Immaculate Mother Mary.

In whom would you place your trust if not in the Lord and Me? In whom would you rest? In whom would you go to receive infinite assistance in pursuing the Blessed Trinity, but the members of the Trinity themselves!

WHY ASK THE EGO TO ANSWER QUESTIONS THAT BEFUDDLE IT AND CREATE ONLY SELF-MADE INTERPRETATIONS OF THE PATHWAYS TO GOD? WHY NOT ASK GOD! WHO BETTER TO ANSWER? IF A TURTLE LIVES IN A MUD BANK, WHO BETTER KNOWS THE PATH TO GET THERE? HE WILL LEAD YOU THERE BY THE ETCHED PATH IN THE SAND. WALK IN MY FOOTSTEPS, TRACED FOR YOU BY MY SON JESUS. CARRY YOUR CROSS IN THE WAY THAT HE CARRIED HIS WITH GENTILITY, CONSIDERATION AND LOVE FOR OTHERS, TO ITS GLORIOUS FRUITION IN THE TRANSFIGURATION. WHO WOULD NOT WANT TO BE SO CHANGED? SO GLORIFIED IN MY PRESENCE? **(stopped!)**

**(Continued...)**

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**stopped:** Typing just stopped right there at this location of the page and the capitals had come without my knowing it!

**Saturday, August 6, 1995**

**7:30 a.m.**

(Continued...)

**Eternal Father:** WHEREIN LIES THE WISDOM TO BE BLINDED BY THE EGO WHICH OF ITSELF KNOWS NOTHING? WHY DEPEND ON THIS BLINDED TURTLE WHICH WALKS IN PANICKED CIRCULAR STEPS CHASING ITS OWN POINTED TAIL?

He who is to become a son of the living God, needs to follow in the steps of my only begotten Son, Jesus. It is through His sacrifice that all souls received grace from Me, the sustainer of the universe. Why go elsewhere and become blinded?

In your soul, in the essence of your heart, there is Jesus Christ my Son waiting for you to return to his bosom of tender love. What nourishment there awaits you. What blessings untold! Who would go elsewhere!

My children, begin the pursuit of your inheritance. Begin the steps of faith, obedience, patience and loyalty. It is in your perseverance in the Truth that your voyage, your quest for holiness is founded. This is the foundation stone, faith in Jesus as your Messiah, your Lord and Saviour. Believe in His Mercy given through His Mother, Mary, to you as a free offering, an offering unmerited by your actions, thoughts or words.

Who amongst you would give your child a snake when it asks for a piece of bread? Nor would I, your ABBA, give but good gifts to my children. ASK and you will receive, seek and you shall find, knock upon the door of my Son's heart and allow Him to enter the inner sanctuary of your devotion and therein dwell as the very beat of your heart, the very fragrance of your being, the kernel of your new growth into my Holy Spirit. Remember that we the Trinity are ONE. Our ONENESS is without end. We are a part of you, who is as a fish in our redeeming waters. Drink deeply of our graces. Do not use your free will to think that there is water created by self in which you can find the oxygen of life. Life can only be found in the Source of that Life. In ABBA, your Creator.

One day, you will find peace and rest in the gentleness of My way, but there is much to be experienced in this your epoch, this period of great suffering for my chosen ones who will be buffeted about by the temptations of the evil one. Do not bend in this wind. Continue to ask, seek, knock, at the door to My heart through Mary, and Jesus; there is no better example of the living presence of my BEING. Seek My guidance through the Holy Spirit which resides within you. Ask for help in your daily pursuits, seek my grace, my unmerited favour which will be given abundantly to you as a wedding gift of our betrothal. You do not know of the heavenly treasure that awaits you in my Holy Presence, but it is your free will, through faith in the redemptive power of Jesus Christ's sacrifice on the cross, which will lift your soul, your spirit, into the heavenly realms.

You are getting tired little one, not us. We wish you speed in your pursuit of our Godhead, but at a rate conducive to your ability to change in our grace. My peace is with you, use it!

**Tuesday, September 23, 1997 2:22 p.m.**

N: Last evening in St. Mary's Cathedral here in Kingston, I went to adoration from 7:30 to 9:00 p.m. Afterwards I was looking forward to talking with Chuck and Fernanda, but there was Fr. Henryk Kociolek talking to another fellow about his new Saturn car.

In a previous talk with Fr. Kociolek and Chuck, we discussed how the tabernacle should be in the centre of the church, how people should receive the host on their tongue while on their knees and how Pope John Paul II was not well and what that might mean in this time of the Tribulation. We shared a deep devotion to Mary and to the Sacred Heart of Jesus.

In addition, this past weekend I had been on a weekend retreat to Heathfield, the Sisters of Providence of St. Vincent De Paul, which is just around the corner from our home. There Fr. Madden, a retired Professor of English from Toronto, had in my confession asked whether I had a spiritual director in that: (a) a Light comes when I meditate and Eternal Father/Jesus/Holy Spirit or Mary give a direct answer to my questions, and (b) it has been my prayer to Jesus over this past three weeks to share in His passion.

And so I asked Rev. Kociolek to be my spiritual advisor to which, upon reflection and to my delight, he agreed. Now the only thing is that his strength is in memorizing inspiring texts— which is my weakness due to a head injury in my early twenties; I am frequently unable to retrieve data from storage in aural speech. Yet the information is there in my brain but it can only be retrieved with the repeated use of visual strategies such as mnemonics and acronyms. Typically, I have great trouble retrieving names and am quite lost when it comes to new geography without using a map. My visual mode of remembering has compensated for the damage done to the information retrieval system within my brain. For example, I am able to remember where specific information is in thirty books while writing an essay, and yet cannot quote the lines which become very familiar upon reading them once again. The concepts seem to "stick" but not the words! Perhaps we all do this to varying degrees.

Rev. Kociolek quoted a beautiful poem in German and a maxim neither of which stuck in my immediate memory at all— even though his devotion shone light and love through his words to my heart. I ask the Holy Spirit to restore my memory and to help me to memorize uplifting spiritual texts.

Today I have worked on memorizing St. Michael's prayer:

***St. Michael, the Archangel, defend us in battle. Be our safeguard and protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray and do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan and all evil spirits who wander throughout the world seeking the ruin of souls. Amen.***

Here are a few invocations that I cherish:

***ABBA, Eternal Father, bathe and purify me in the precious blood of Your Son, our Lord, Jesus Christ, before my prayers ascend to Your divine altar. .***

***Sacred Heart of Jesus, Thy will be done in me.***

***Jesus Mercy, Mary pray.***

***Jesus, melt my heart in Your heart.***

***Jesus, may my heart beat within each beat of Your heart.***

***Jesus, press me to Your heart and do not let me separate myself from Thee.***

***Jesus, may the fire of Your holy Light dissolve the iniquities which prevent my union in You.***

Tuesday, September 23, 1997 2:22 p.m.

(Continued...)

*Immaculate feet of the Most Holy Virgin Mary... direct me.*

*Holy Mary, Mother Of Perpetual Help, cradle me in Your arms.*

*Jesus, Mary, Joseph I love you... save souls.*

*Sacred Heart of Jesus, burning with love for us, inflame our hearts with love for You.*

*Do little things with great love.*

*Lord, I am not worthy to receive You; say but the Word and my soul shall be healed.*

*Most Sacred Heart of Jesus, have mercy upon me a wretched sinner.*

*Hide me within Your wounds until Your anger and just indignation shall have passed away.*

*I grieve that my sins have caused You agony and pain and ask to share in Your passion—*

*that ABBA's glory might be revealed, that reparation be given to Your love for us,*

*that souls might be saved, that the stain of sin be removed from my soul. Amen.*

*We adore You O Christ and we bless You, because by Your holy cross, You have redeemed the world.*

*Jesus, meek and humble of heart, make my heart like Your heart.*

*Light of Christ, transfigure me in Your peace, love and bliss.*

*May the Most Blessed Sacrament be praised and adored forever.*

*Jesus, may each breath of my life be a melodious hymn of praise, adoration and thanksgiving to You.*

*ABBA, Eternal Father, may Your goodness, shared with us, be raised to Your throne  
through the Immaculate Heart of Mary and the Sacred Heart of Jesus.*

*Into His hand went mine; into my heart came He;*

*I walk in Light divine, the path that I feared to see.*

*ABBA, Eternal Father, before Your throne I am emptied except for the flame of Your love extending from my heart to You.*

*Lord, remember me in Your kingdom.*

*ABBA, Eternal Father, into Your hands I commend my spirit.*

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**Sunday, November 23, 1997 9:15 p.m.**

N: What a blessing it was to go to the Sisters of Providence chapel this past Friday, November 21, 1997 at the 11:15 mass— Anne was sick and stayed home from work, but was willing to take care of our twenty-seven month old twins for a couple of hours. The ninety-nine year old, largely wooden chapel is built within a large residence for the sick and elderly and is staffed by volunteers and sisters. The main altar has a large statue of Jesus crucified on the cross at Cavalry and above this is a devotion-inspiring sculpture of La Pieta— when Mary took Jesus into her arms after His dead body was released from the cross. What sorrow must have been in her Immaculate Heart!

My spiritual director Rev. Henryk Kociolek says mass there each day in what I sense to be a very holy and beautiful place of worship. It was so heart warming to see elderly priests concelebrating the mass from wheel chairs. Praise God!

After the mass, Rev. Kociolek and I discussed several issues:

1. It is appropriate that the tabernacle in this church was in the centre where Jesus is given His rightful place of first importance.
2. Priests should be in the confessional prior to the mass to emphasize the importance of reconciliation for parishoners.
3. After the mass, parishoners should, if possible, do fifteen minutes of adoration to the blessed host resting within the tabernacle; and if there is to be conversation, then this should be done quietly in the entrance vestibul, narthex or meeting room.
4. Roman Catholics should take greater political action to ensure that excellent Christian education be provided in its schools as the youth are our treasure of the future. For example, does each room have a crucifix prominently displayed?
5. Parishoners should kneel when receiving the host and should do so on their tongue as a sign of reverence. It would also be appropriate to return to the communion railing with its cloth underwhich one places ones hands so that the host only touches the consecrated hands of ordained priests. Let the people have a moment of solemnity and awe of having received the body and blood of our Lord Jesus Christ.

At the consecration of the host and wine, they are literally transformed into the body and blood of Jesus Christ. Jesus Christ is always present in our hearts spiritually, for He said that the Kingdom of God is within (Luke 17:21; 2 Timothy 1:6; Revelations 21:5; Romans 14:17). When the Chalice and Host is raised say, "My Lord and my God."

## **The Twofold Kingdom:**

### **1. Earthly:**

Now:                      Within: personal and invisible  
                                 Without: social and visible

Later:                      2nd Coming: 1000 Year Reign of Our Lord and Saviour Jesus Christ on Earth  
                                 (1Corinthians 15:24,28)

### **2. Heavenly:**

Eternal:                      conversions through prayer, faith, repentance, penance, fasting, sacrifice and mortification

#### **12 fruits of the Holy Spirit of God:** (Matthew 13; 6:10)

peace, love, joy  
patience, goodness, longanimity,  
fidelity, mildness, modesty,  
benignity, continence, chastity

#### **7 gifts of the Holy Spirit of God:**

wisdom, holy fear, piety, understanding, counsel, knowledge, fortitude

**Date: Monday, March 23, 1998 Time: 10:47 p.m.**

**N:** What help is \_\_\_\_\_ in need of at this time in his life?

**Eternal Father:** Well it is with great joy that we once again address this fellow-friend of yours who asks so many questions and has so much difficulty in their ..... **deciphering**.

Who would not want to have a recipe for the ills of such a servant of God? Is it the aim of this man to be given the choices he must make and only he must make to determine the roads and pathways he must choose to follow in his life?

Who would believe in the concept of free will if the Trinity, in the name of ABBA, were to give the creature "the answers" to this mystery, this **enigmatic puzzle** through which the individual must swim to emerge upon the distant shore afresh with a new "breath" of life.

Who would not want to be ferried across the waters to that shore? But it is in the swimming, in the effort to keep afloat, in the effort to maintain one's balance in the water that one needs to steel himself for in the journey— a preparation for the successful entry into the new life upon the distant shore.

Yes, it is for the Godhead to assist the individual in his choices by providing good counsel there in the earthly **sojourn**, in the provision of your guardian angel(s) whose job it is to silently whisper in your awareness hints and helps that you have the ability to follow or reject, in the provision of friends who good-naturedly wish to assist you on your journey, in the provision of life partners who bond with you in physical terms and who intertwine their future spiritual success with your own.

Who would not want to be so bolstered by these help mates so as to be **unilaterally** guided towards the distant shore. But wait, reflect upon that shore line— is it not an infinite vista? Is it not a wide and fathomless mist through which you pass into the abode of heaven or hell?

It is you own choices, made in love, which are of the critical importance needed in your salvation, your sanctification before My throne. Have you been small enough to ask for and accept the smallest of good and helpful hints from the baby to the wise man of many years? It is in the trying and in the redirecting of your will towards the infinite will that you will find the signs left along the milestones in your swim through life. Remember that it is for you to make the choices from the multitude though finite choices of your experience as provided by Me, the Infinite One whose heart has been so filled with love as to sacrifice His only perfect Son, Jesus, to die such an ignoble death— the only worthy sacrifice to Me for the sins which you and your kind have **proffered** from the primordial mud. Yet here in the heart of LOVE itself, you have the opportunity to act with the freedom granted you, to see the Light ahead, to swim towards the Light, to leave your self behind and to do My will— not an easy thing to do in the beginning, but one so full of graces and gifts along the way.

Do you not stretch up for a breath of air along the way? Do you not rest along the journey, feeling glad to have reached the point of your current arrival? Who has journeyed such a path up to that point— no one but you. And no one but you will journey the path to be taken into that mist ahead. You are the architect of your own future, in the sense of sculpting the reward you will receive in heaven. How could I reward Myself for making all your decisions for you in your journey? Would this be just? .... Do you feel the justice in allowing the creature to find its own way to the mist of its transfiguration into the spiritual realm?

You have been given the tools to survive your journey: prayer, fasting, confession, penance, Eucharist meal and an amended life. Who could take this away from you if you chose to hold on to them? No one. Not even Satan can simply take these from you without you in some way agreeing to be led astray to some nonexistent bliss realm filled only with deceit, lies and fires of **purgation**.

At each moment of your life, you will be guided, not told what to do. Do what you do with great love for me and for your fellow creatures in the name of my Son, Jesus Christ. May the blessings be.

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<b>deciphering:</b>	to have revealed the spiritual meaning from within poorly formulated questions
<b>enigmatic puzzle:</b>	deliberately hidden order and meaning in one's life
<b>sojourn:</b>	a temporary stay in a place among certain people
<b>unilaterally:</b>	as if pronounced with one breath from one person
	instead of a multitude of conflicting opinions and advice given from several people
<b>proffered:</b>	offered as a "just return" for the life God has given to each one of us
<b>purgation:</b>	eternal damnation in the fires of hell

**From:** Roger Doré  
**Date:** Thursday, March 26, 1998  
**To:** Doug Norkum  
**Location:** At Doug's home.

*Roger's vision in his car on the way to my home on the 401 highway:*

My eyes feasted upon the immensity and the intensity of His light of the sun showering a grey body resting on the heavenly clouds of time with gentleness and warmth of His heart.

*Quoted message from ABBA while in Roger's car:*

***"In reference to your faith and trust facing my waters,  
the question lies within my concern if one would stay afloat or sink?"***

*At the table at Doug's home in responding to his session with \_\_\_\_\_'s question,  
the following poem was written by Roger:*

**REFLECTION ON THE WATERS**

Witnessing the brightness  
His light, the true greatness  
Consoling the witness  
With extreme tenderness

**Sunday, May 10, 1998**

**N:** What is the meaning of \_\_\_\_\_'s right hand vibrating?

**Eternal Father:** Well it is a good thing that you have decided to come to the Light of God to answer this question for it is in this Light that all answers come.

We, the Trinity and Mary, do feel you should be asking more questions in humility for the benefit of those around you so that the glory of God can be revealed and so that you can become an instrument of the wisdom of the Father, Son and Holy Spirit as well as Mary—the most radiant White Lily of the Trinity through whom all graces and mercy flow from Her Most Immaculate Heart.

It is not so easy to quickly discuss the full meaning of such a gift of the Creator. We feel there is considerable resentment on your part in moments of your life when you feel that it is inappropriate for the vibration to be taking place. However, it is for the Godhead through Mary to decide the role that this gift is to be given to the world of beings.

Who can sort out the infinite pathways of the meaning of God in a few short words?

Such a gift is given to one who has need of it in receiving the recognition that the presence of the Holy Spirit is at hand, and that through this instrument comes the message of the Father, Son and Holy Spirit through Mary.

Frequently, this gift is disturbing to those who do not fully understand the ramifications of such a gift. To these children of God we say, "Be patient in the will of God." Just as you do not fully understand the meaning of Life, so too you will be given the meaning in small, digestible amounts so that spiritual indigestion does not occur. It is well to note that children of God often wish to consume more of the intended meaning of God than they are able to be nourished by at a given "moment" in time. Patience and perseverance will gradually reveal the message of truth being delivered through such a gift-filled instrument. Yes, this gift is an opportunity for those about to trust in the will of God and to see one child, embarrassed as he is at times, to become more fervent in their faith, that it is in faith the gift was received, in faith the gift employed at the moment of its oncoming.

Who would deny the Creator the right to give gifts which are not fully understood in your space-time continuum. Remember that here in the infinitude of My Presence, even the angels are learning, even the saints purified from purgatory are learning, and yes even the souls of purgatory at special moments are learning of the majesty and unfathomable nature of their joy-filled Creator.

There are many messages then sent through the instrument to those in the surroundings. Often these messages are not fully understood, but rather are slowly realized as time proceeds into the future moments of my Eternal Now.

There is an interruption of the instruments free will at the onset of the vibration. The instrument has the ability to stop the presence of my vibration, but is wise to allow my graces to flow through him to those in the surroundings. You seem to be bothered when the hand vibrates against \_\_\_\_\_'s face. Would you stop me from loving my instrument? And if I ask him to place my vibrating hand upon someone's head, would you stop me from providing that person my healing graces?

You are but the viewer of my Vibratory Presence. My daughter, Mary is allowed to share her fragrance and many other gifts with you as well. In what way would you stop me from giving these gifts and for what reasons? Who would stop the Creator from giving His Love to His creation? View this vibration as My love made manifest and your concerns will melt away slowly in the receipt of My graces.

**(Continued...)**

**Sunday, May 10, 1998**  
**(Continued...)**

**Jesus:** My Father has given you the opportunity to share His graces. Let the blessings be.

**Blessed Virgin Mary:** My children, may this message of hope and profound love come as no shock to you who would be knowledgeable of even the smallest detail. Remember that this is not possible with God for He is unfathomable, incomprehensible and yet so understandable in his Love, Mercy and Grace. We are but the recipients of this treasure chest of gifts. Enjoy them, use them to touch hearts. Adieu for now my little ones. Continue to ask questions in God's Holy Light for He is anxious to give of His plenitude to all of you.

**Holy Spirit:** I am the Comforter and in this role I will bring you solace and understanding in My Light. Do not fear, for this is not of Satan. Allow God's gifts to unfold in your lives, allowing them to be enriched and to fully bloom in His nurturing Presence. You are but in the process of learning how to receive such gifts, albeit puzzling to your finite understanding. Be at peace!

**Trinity And Mary:** May the blessings of the Father, Son, Holy Spirit and Mary be upon you all.

**Friday, May 15, 1998**

**N:** What did we / should we learn from our cenacle today?

**Eternal Father:** It is of concern to \_\_\_\_\_ that a more thorough rendering of truth be given to each of you in your cenacle and this is how the question will be answered.

\_\_\_\_\_, you are the recipient of many graces from me, ABBA, of the Blessed Trinity— and through Mary these graces and gifts will be given. Do not be afraid for your relationship with \_\_\_\_\_ as she too is being given inner strength through each member of your cenacle and through your personal prayers for her. You are indeed at different points on your pathways to sanctity in my Son Jesus, but remember that each of you are just that--- at different points at different places at different degrees of learning within a complex set of parameters in your highly individualized lives despite overlapping of interests and time shared in conversation. Do not fear as she, \_\_\_\_\_, too is the recipient of many graces which will strengthen her through this time of trepidation, of turmoil as the demons try to persuade you both to dump the garbage of sinfulness upon the head of the one you love. He, Satan, cannot win in this foray if you both will to resist through prayer. Remember too that in your quest for sanctity, for sainthood in the Trinity and Mary, you too will have more and more, not less and less, times of turmoil which you will be steeled against only through the grace of God and will be helped by your guardian angel and angel guides. The acquisition of moral courage is an ongoing process for each one of us.

\_\_\_\_\_, you are to become more and more the savant, the spiritual dispenser of an aware spiritual wisdom that is to be shared lovingly and knowingly with others. You have the gift of wisdom, mixed with a rare blend of knowledge, but do so with more gentility and concern from within the concept structure of those around you. For this latter grace you will need to pray and meditate in an ongoing dynamic manner as you learn with and for the people around you. You will become more and more the patriarch to whom the less initiated will be able to come with their questions to have enlightenment of the alternatives ahead, the enlightenment of the path before the doors of decision facing the individual. This is only one of your gifts. Use it with great love and discernment for others through the directed prayer method. Ask more specific questions of the Trinity and you will be given the direction to assist others. Often you will feel alone, but you are not. We, the Trinity, are guiding your ever less feeble steps to the strength of spiritual wisdom which unravels the ball of wool which seems to be an impasse to spiritual growth. Yours is the gift to know how to grasp the end of the yarn and in which direction to pull in order for the ball to roll down hill of its own accord and thus lighten the load of your acquaintances and brothers and sisters in Christ.

Doug, continue to hold such Cenacles in our home as they are a blessing to those who come as did \_\_\_\_\_, your beautiful sister in Christ, who felt the presence of my Holy Spirit so forcefully. Perhaps you should be the one to offer the gift of asking the Light of my Holy Spirit next time. Be more generous with this gift given to not only you, but to those around you who would hear of an authoritative answer.

Now you may share this text with your company.

**Monday, May 25, 1998**

**N:** What was the reason the book "Unconditional Love" was brought to us?

**Eternal Father:** Well we see that skepticism is in your mind at this time prior to asking questions for friends. Do not be afraid to ask them even if you wonder whether or not they would be answered by us.

This book which caused so much concern, first by \_\_\_\_\_, then you Doug, is but one of several sources of confusion to the faithful laity. Within it are many valid points given by the author's ego at the subconscious level. It is a good source of psychological jargon and information dispersed in the disguise of spiritual wisdom.

\_\_\_\_\_, first had difficulty in beginning reading this book for the reason that, at a spiritual level, she sensed it's not being what it reputed itself to be. One could read the book and gather many kinds of useful information in how to live one's life, but on essential issues it is fallacious. For example, priests are an essential part of the reconciliation process in the Roman Catholic Church for a very good reason and that is to give absolution of sins in the name of my Son Jesus whose merits and sufferings provided that sacrifice to me, The Father, that no other person could have given. Think for a moment what it means for a mother, such as Mary was to be, to offer herself to be the mother of my Son through the overshadowing of our Holy Spirit. And then to know that this Son was to be given up as a sacrifice for the sins of all mankind. She did so willingly and in a simple purity of faith in response to the words spoken to her by the angel Gabriel.

Is there one among you who would have done the same?..... perhaps \_\_\_\_\_.

In what way do you wish me to clarify this answer? The book meant different things to several people at different stages or moments of time. To Doug, he sensed rather quickly that it did not have the rhyme and meter of my Son's words, but rather that of a psychologist's point of view.. He also knew that it transgressed, upon his second reading, some essential points in Roman Catholic Doctrine. Man is born in sin and has a propensity to sin due to the sin of Adam and Eve. For this, each person is most wise to go to confession after having made a thorough review of conscience with the assistance of the Holy Spirit within and then to do the penance given by my priest as soon as possible. Here Doug learned to trust his instincts, but also to more thoroughly examine a text which has a questionable source. He also learned not to quickly trust even a "trusted" spiritual friend's advice for this too can be in error. Equally, Doug is learning to come into this Light of the Holy Spirit to have such questions answered so that a more precise and accurate delineation of the answer can be given at the time of need— not several days or weeks later.

\_\_\_\_\_, you also learned that Doug will test even the word of his spiritual peers and that this is good to do. One should do a thorough testing of a text against known Biblical sources to ensure that it does not transgress the Word of God already given. Which of you can be 100% sure that a word in a particular sentence is of God or of Satan? Test the specific content and the general message of the text to ensure that it is of the Trinity and Mary.

Do not worry, as meditation on the Holy Face of My Son Jesus will allow you to receive My Truth in the silence of your heart through the presence of My Holy Spirit. Trust more in messages given to you in My inner kingdom. There I will meet each one of you as promised. Knock and the door will be opened and we will sup together and converse in the Light of My Truth. Therein at this banquet table, \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_, ask your personal questions of Me.

**Sunday, May 31, 1998**

**N:** Why did \_\_\_\_\_ urgently need that particular Blessed Mother's statue during the rosary?

**Eternal Father:** This is not for us to discuss, but for \_\_\_\_\_ to ask in the silence of his heart. Let \_\_\_\_\_ ask this question in a more fervent manner, one filled with love, one in which he seeks a clarification of his actions as they are prompted by the Holy Spirit within him.

Everyone wishes to have all the answers of life revealed to them. But this is not the will of the Father in every circumstance. The Father, ME, is..... of one mind, one BEING and in that BEING there is TRUTH. Let the child ask within when it wants to come into that TRUTH and share in that information, that portion of information that it, the child, is capable of understanding.

\_\_\_\_\_, you would have another answer your questions, but you have the same facility with the TRUTH within yourself. Yes, you have asked this question, but you need more faith that the question will be answered within. It is this faith that I wait for before answering your question. In other words, you have something to learn about the approach to my throne of TRUTH. This is not a matter of..... my hiding the TRUTH from you, but is simply a reflection of your need to learn, your need to more simply witness in my TRUTH within. Keep asking your question and, looking into the spot between the eyebrows wherein my answers will come in your awareness. Right now you are interrupting the flow of my answer to you with your doubts, your uncertainty as to whether or not the answer will come or whether or not you are worthy or whether or not the message was sent in the first place. Be patient, be persevering, be humble and above all be fervent, that is, express your question in the love of a little child towards its parent who has all the answers needed for that child. Remember that the parent will at times ignore the child's request if it is felt that the request is not done in a manner conducive to the ongoing harmonious relationship that love is based upon.

Remember \_\_\_\_\_, you have much to learn of the total filial abandonment, the total surrender of self such that you become the channel, the instrument, the conduit of, the receptor of my message in an undiluted, non-tampered form. Your mind at present is not yet able to "leave the message alone," but rather has a strong tendency to wish to manipulate or change its content in accordance with your own considerable bank of information.

In total abandonment, my message will flow uninterrupted. By your input or if the message **xxx** is threatened by too much distortion, then it will best not be sent at the present moment. Learn to meditate in humility as Doug can show you. He is willing to spend time with you. Yes, with you, in helping you to develop this peaceful acceptance of my message in the Light of my Holy Spirit.

Do not feel upbraided, for you are the recipient of much of my love, graces and gifts. Nor at the same time should you feel pride, that which will take you from my presence.

Adieu.

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- Note:**
1. This message was given on Pentecost Sunday.
  2. The symbol "**xxx**" means that the Light of the Holy Spirit is particularly strong at that moment in receiving the message.
  3. The symbol "**.....**" means that the message stopped for a few seconds.

**Sunday, May 31, 1998**

**N:** What does \_\_\_\_\_ need to know for her spiritual growth at this time?

**Jesus:** Welcome to the fold of Roman Catholicism! In this house you will be welcomed and nourished. Remember that it is in this house that I sent Peter, my rock of faith, out into the world to bring the Jewish community the message that the kingdom of God was at hand. In the beginning, my church was founded upon a very few disciples who were to spread the good news through the tongues of fire which infiltrated to their very being through the imbuing of the Holy Spirit, celebrated today on Pentecost Sunday in the same Roman Catholic Church.

You are the recipient of much grace in having been led to this fold, this flock of both lambs and sheep who will guide you to hear the voice of its Shepherd, Me, your Lord Jesus Christ who is the True Shepherd. My sheep hear my voice and follow me— this you should do. In each movement of your life, listen for my voice within, through the Holy Spirit which I have sent to you upon my physical death. In His Holy Presence, there is great strength and comfort. Always seek to hear His voice guiding you from within as the still small voice of conscience but also as the Consoler, the Teacher, the Voice of Yahweh.

Herein is the path that you must follow to reach your salvation, your sanctification, your attainment of sainthood. Aim for sainthood. Do all that my saints have done in their lives— keep a simple but fervent love in your heart for Me, Your Saviour. Seek my assistance through the Holy Spirit within you. For He is the gift which I sent you that you might live your life in accordance with the will of My Father your ABBA.

Presently, you are getting a good deal of advice from many well meaning people, but remember to seek me in moments of solitude in which you will be renewed. Never leave me on the outside begging to come into your temple of devotion. Build a time for us that we might discourse and go over the wounds of the day that they might be healed and to find new directions that can be followed with great love. This is your treasure chest of peace, love and joy that is found in Me, Jesus Christ, and not in mere reading of texts. I will never over burden you for My yoke is easy and My burden is light. Be nurtured in my presence. Let no doubt, no anxiety, no frantic seeking for Me disturb you, but rather in simplicity come to Me your Saviour and meditate upon the love that I have shown you and with this same love, love the Holy Trinity and Mary who would be your guides to eternal happiness. And remember, you have been given a holy guardian angel whom you can send to ask and present your petitions not only to Me, but to my Father and to the saints who worship joyously in heaven.

When you are in need come to me for I am the good shepherd who recognizes his flock. Where there is LOVE therein is happiness for eternity.

Adieu.

Thursday, June 4, 1998 1:46 p.m.

N: Could you explain the meaning of the torch sensation in \_\_\_\_\_'s back?

**Eternal Father:** We see that all could be illuminated by the light of the Holy Spirit within \_\_\_\_\_, but since you have asked for your friend, then we will **broach** an explanation.

In the beginning \_\_\_\_\_, you were not always referring to Jesus Christ when healing with My energy. This has changed much for the better. The energy which you sense at the region of the back is but the well wishes and **intonations** of a host of angels and saint guides who would have you be encouraged to heal in the Name of your Lord and Saviour, Jesus Christ.

You have been given a gift of healing in body, mind, heart and soul for those you come in contact. This gift has come from Me your Eternal Father who has entrusted you with the heavy responsibility of bringing My Light into the lives of those who would be helped through you. Do not fear in any way that the presence of this Light, this torch so full of energy, will do anything but encourage you to lift your energy to your spiritual awareness level and from there entertain the presence of My healing graces for the individual or individuals prayed over. Thus, the energy which you impart is not only of your own considerable life energy from within, but also from that energy you perceived from the rear of your back which as it were "backs up" or strengthens the energy you allow to be imparted to the person who is being helped. In this manner, the composite energy can be transferred from both your level and the spiritual level of the communion of saints and angels who would help you in your ministry, your mission to help others in God's will and power.

Notice that it is also My will that you use this gift for as many people as you can, for as many, who will in their free will, ask for or be willing to receive these healing graces. The form of healing which you have been graced with is a longer bathing of the individual in My healing waters and as such is "fortified" by the communion of beings— of angels and saints.

Before transmitting this energy, remember to pray out loud invoking my will and power and graces and mercy for that specific individual. Let there be no doubt in whose Name you pray. Say these prayers out loud. This will spark the faith of the individual who needs to know from whence the healing is coming so that My glory might be revealed.

We feel excited that you are entering a relatively new phase in your ministry to others in which the benefit to the soul is of utmost importance.

May the blessings be.

Adieu.

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**broach:** to pierce this subject in order to draw off a sampling from the living water of Truth

**intonation:** a group chanting or singing in a harmonious manner as with one voice

Thursday, June 4, 1998 1:46 p.m.

N: Where should \_\_\_\_\_ go after her house sells?

**Eternal Father:** This is a question which requires further consideration in terms of the factors which are held dear to \_\_\_\_\_.

First, what is the list of your priorities? From this list what things do you wish to place as first priorities in your life?

You could begin by making a flow chart which places a single priority from which decisions will be made in a descending order such that on the left as you descend on the diagram you will achieve your most sought after goals.

Or you could make a flow chart for aspects of your life such as: personal spiritual life, types of religious orders, housing, food, clothing, friends and so on and then compare the kind of results that you get within and across your flow charts of preferences.

As you can see, you... \_\_\_\_\_, must do some serious soul searching and come to some clear conclusions about yourself in relationship to the possibilities which might lie before you. Such decisions have been placed in your hands, not mine, to make. It is from your heart that these decisions must be made.

Seek the counsel of your parish priest in terms of what seems plausible and desirable to you. Present these in a humble manner which seek to have clarification of possibilities.

Seek help through prayer to My Son Jesus and his Blessed Mother Mary as well as her spouse the Holy Spirit to enable you, to empower you, to assist you to come to a decision which will enhance the probability of your becoming a saint here on earth. There is no other worthwhile goal than in joining My Heavenly Host for ever in peace, joy and love. Not one who sins is excluded from becoming a saint unless they themselves remove the possibility from their own event horizon. Of such is the blasphemy against my Holy Spirit who wishes to overcome all obstacles to the individual's ordination in heaven.

Whoever prefers to be without My Presence is granted their wish in hell. There are only two ultimate ends.... heaven or hell, and to be in heaven one must become a saint— often through the purging of the soul in purgatory.

Do not waver in the winds of external change; have a constant heart set upon union with the Blessed Trinity and Mary here in Paradise. Whichever decisions you make which promote the achievement of heaven are good. Signs will be given to you along the pathways of your good decisions which will come as small spiritual blessings for those steps having been taken. A journey is begun with the first step in the direction of an ultimate goal. Each step however faltering is completely necessary in the journey. Begin by beginning.

Adieu.

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**ordination:** to be invested, unalterably with authority to be in heaven as a saint

Wednesday, June 24, 1998 6:35 p.m.

\_\_\_\_\_: Need to know about my gift why the shake and it seems I have a sword. Also lately I have this yearn for going back to Bolivia. If it is from God or if the Spirit is guiding those ideas, do I need more to serve Jesus or its time. If it is, I need His help to sell everything. I know time is short. I love you Jesus and Mother Mary.

N: Holy Trinity and Blessed Mary, what are the answers to \_\_\_\_\_'s concerns?

**Eternal Father:** It is well that you have come to this **oracle** to find your answers as you are a child much loved by Jesus, Mary, Joseph and the angels and saints here in heaven.

First, when my Holy Spirit is strong within and flowing through you, you begin to shake in My control and not your own. Do not fear for you are but the recipient of many graces during these times. In the La Pieta Prayer Group you are surrounded by many who understand this and will support your messages which come shortly after the indwelling of My Holy spirit. Is it not My blessing of you that you have this gift, this powerful manifestation of my love for you? Those about you will know of My presence in you and will treat you with the respect accorded to My Presence. Those who do not, who fear or who are "put off" with the vibration, need to come to a more full understanding of the manifestation of My Presence in their own lives.

As for your sword, use it wisely as your maturing spirituality will eventuate in its constant presence and its eventual use in My will. Do not rush into the use of this sword until you have been fully versed in its use and more importantly, intention.

Your yearning to go back to Bolivia comes from your flesh self. You may desire to go back, but it is not necessary unless you "must" in terms of the prompting of your earthly heart. However, you do not have a calling from Me to do so, but rather from your paternal endowment. Yes, time is short, but it is in peace and prayer, fasting and union with me, the Holy Trinity, that you will find your ultimate home with all those who joyfully await your entry into this heavenly kingdom. You have many more real friends than you think who know of your many "small" acts of kindness through prayer. Continue to receive the holy Eucharist as often as you can on a daily basis— remembering always to go to confession at the first prompting of the Holy Spirit within who will in the still quiet of your heart remind you of your sins and of the reparation due my love for each one of you.

Be at peace and continue your soldierly apostolic pursuit of union with my Son Jesus who awaits your arrival and who applauds your efforts towards sainthood. Continue to carry your cross with courage and persistence and, while time is short, make each moment a moment filled with the love your Creator has given you.

Adieu.

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**oracle:** a person through whom a member of the Trinity will respond when consulted

Tuesday, July 21, 1998 12:30 p.m.

- \_\_\_\_\_:
1. Who is my prayer partner?
  2. May I ask who is with me now; may I know the name so I can communicate with them better.
  3. What do I need to improve in me?

N: Holy Trinity and Blessed Mary, what are the answers to \_\_\_\_\_'s concerns?

**Eternal Father:** It is with pleasure that this multifaceted "Question" is presented and answered to one such "little one" of God. First, your prayer partner is \_\_\_\_\_ and \_\_\_\_\_ and \_\_\_\_\_ or anyone else that you decide to pray with. You ask the question in order to pinpoint just one prayer partner, but this will not be a valid thing to do in your life as you will pray with many people who will need your leadership, your devotion to follow the Trinity and Mary, to be a guiding Light in the journey towards sainthood through prayer and charitable acts such as in requesting healing in our name for the benefit of the persons you are praying with and for. Yours will be a journey with many people whom you will have rather fleeting but deeply spiritual relationships in the pursuit of the Perfection to be found in the all knowing, all loving, all radiant beneficent Creator. You need only change your view to a wider, more encompassing, more inclusive concept of who your prayer partner is so that, "Who are the prayer partners with whom I am to be praying with today?" might be a more relevant question to be asking of your spiritual guides. Which leads us to your second question.

Secondly, \_\_\_\_\_, you have many spiritual guides, as given before with respect to the energy felt at your back, who are dynamically changing in membership, that is, who are present for you in accordance with the need you have at that time in your prayer life. Yes, there are certain spiritual beings— angels and saints, who are there praying with you who are there frequently as they have similar interests in the doing of God's will as yourself and who are interested in a very personal manner to help you in your quest to do the bidding of your loving Creator. Certainly one of these is your Guardian Angel whose name is *Angelus*. Please note that Angelus is a most beautiful angel who is neither male nor female, but who guides you in your waking and sleeping moments to be as successful as is possible in doing God's will. Please also note that you are unable to pronounce the name of Angelus in the correct manner, that is, in the melodic rhapsody that his/her cohorts do here. Should you hear it, you would be in Bliss for the purity of such beings is beyond your current understanding. Remember that angels have never manifested as incarnations there in the earthly sojourn and are, in a way of speaking, "envious" that human beings can merit graces and gifts in ways that they cannot. Yours is the ability to shine ever more brightly in the heavens as you learn to help an ever increasing number of souls to reach heaven through your example, good works and prayers. Thus, the names you seek are but anthropomorphic approximations of the harmonious, melodic expression of the purity of each angel and saint who is helping you. This is something for you to dream about! – as they can come most readily in your dreams.

Thirdly, try to imitate the love of the saints as much as you can. For example, Saint Anne and Saint Teresa of Lisieux and of course Blessed Mother Mary. Each immersion in their lives will bring you closer to a sinless way of living and give you horizons towards which to take flight in your spiritual journey. Remember that seeking the Godhead is not a destination but an endless journey into the Bliss of your infinite Creator. If you were to ask what specific things to work upon, then, within the will of the Holy Trinity, focus upon anticipating the needs of your brothers and sisters and to communicate clearly and definitely your plans so that there is no ambiguity or eventual disappointment in the steps which were planned to be undertaken. Become a spiritual leader who plans well and who carries out those plans with the awareness and commitment of others as you go along. Make such plans become "our way" to perfection.

Adieu.

**Tuesday, July 21, 1998 12:30 p.m.**

\_\_\_\_\_: Father, I thank You for healing my father and sister. I praise You my God. My question is, "What I'm going through right now, is it from you? I like to be able to serve you without worrying about my debts, but if it's Your will, I need people at the gym— it is Your place. I love You with all my heart and soul. I need to know what do you want me to do. Your little servant \_\_\_\_\_.

**N:** Holy Trinity and Blessed Mary, what are the answers to \_\_\_\_\_'s concerns?

**Eternal Father:** My little one, \_\_\_\_\_, you are going through the temptations which all must pass through, which all must suffer through, that in carrying your cross without complaint in the footsteps of My Son Jesus, you will become more and more blessed, just as He was by me— His Eternal Father, ABBA.

It is not easy to pray so much and to feel alone. Remember My Son on the cross was left to His own resources and even he cried out, "My God, My God! why have You abandoned me?" Of course, I did not abandon Him nor will I abandon you little one, but you must, in accordance with my plan for your salvation, be fully responsible for the decisions and the living out of those decisions which you make. The way is not an easy one, but the rewards here in heaven are unimaginable to the human mind. For each tiny suffering there are heavenly fruits to be reaped which will make the pain and loneliness which you do experience as naught. So take heart, be of great courage and carry your cross no matter in which location you chose to carry it, here or in Bolivia with your family— that choice is yours alone unless you give another the power to make that decision for you.

Do you remember when My Son was baptized by St. John the Baptist, He was led by the Holy Spirit into the desert and tempted for forty days and nights by the Evil One. My Son Jesus passed these tests of "aloneness" through the strength of His faith in My presence in His life. Have faith and moral courage to be tempted and yet to depend entirely upon the Word, my Son in your life. He will send his Holy Spirit to help you. Ask and you will receive that which you need to continue each day. Seek and you will find his presence in your life in the company of brothers and sisters in your Christian walk. I have sent My presence before you and so look to My Light which will guide you in your times of greatest need.

My Son said that man does not eat by bread alone but by every Word that proceeds from the mouth of the Father. Learn to live in, through and by this Word and you will not be so concerned about what you will eat, whether there are enough patrons in your gym or whether you can fend off the Evil One. Remember you are never alone... and that the Communion of Saints and Angels is a real presence to help you along your way.

Continue your intense life of prayer, your devotional longing for union in my Son Jesus, and for a closer communication with Mary, My Son's Mother. The times that you will go through will be much more difficult than those you or others have ever gone through before. There will come a time when you look back and think of these days as the "good times" when your concerns were so few. Continue to build up and strengthen the graces and gifts which you have received so that you can be a pillar of strength to those who spiritually need your strength. Have faith and I will always provide for you, not always in the way you ask, but in the way that you have need.

Adieu.

Tuesday, August 3, 1998 11:43 p.m.

- \_\_\_\_\_:
1. What is the name of my guardian angel?
  2. What is the meaning of the pulsating energy that wakes me up at night?

N: Holy Trinity and Blessed Mary, what are the answers to \_\_\_\_\_'s concerns?

**Eternal Father:** Good day to you Doug. We are pleased that you are answering questions for others and do so with a bit of reservation as to whether or not you are able to do so— a reflection of your humility. Your concern for filial abandonment is admirable and needs to be a precondition for an accurate transmission of the Holy Trinity's message to the one who would be helped. Remember you are but the instrument, the conduit of OUR messages, that is, the Holy Trinity's messages. The "cleaner the tube," the more abandonment to OUR will, the better will be the passage of OUR wisdom to the printed page before you.

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It is with some pleasure WE answer your first question as many people wish to know and to be able to name their guardian angel. Do remember that the actual pronunciation of your guardian angel here in the Heavenly Host is different in degree as you on the earthly sojourn have not the spiritual apparatus to emit the melodious name of your guardian angel as it is "pronounced" or better "sung" here in the heavenly realms. \_\_\_\_\_, your guardian angel may be called **Maria**. As we pronounce this name here, it is a much longer intonation within the "textual framework" of the cluster or group of angels to whom Maria most often frequents. So you see, this answer is given even though it is "attached" to a band or cluster of names within the Heavenly Host. Names here are more melodic and "inscribed" within the spiritual energy which is much more integrated within a union of a dynamic intermingling of angels who wish to be assigned certain responsibilities here in Paradise.

Secondly, the pulsing energy which you feel is a purging of your aura, that is, the energy which you emit as a human being. This energy acts as a hammock, that is, a caressing wave of My beneficence to calm and soothe your need to act with love in a healing manner to those about you. This pulsing wave's function then is to bring a sense of peace to your earthly, conscious awareness in a way that would not otherwise be realized. It is as though you were taking a "medicine" which calms your need to bring healing to others in your relationships. For example, when you are frustrated that you do not have the audience or individuals who you would like to come to you for healing intercessory prayers, then there is a discordance or dissonant note of energy in your aura or being. This could build and build into a perceptual problem for you and needs to be dealt with in some manner. Herein you are being assisted by MY Holy Spirit who as it were, bathes you in a healing environment or energy. Think of the soothing effect of the waves of a warm ocean current and you will come by analogy to an understanding of the spiritual gift of this wavelike energy. You are advised to bask in this energy either while asleep as it is given or to enjoy this experience as you wake up. Yes, the effect of this energy is strong upon you and can wake you up, but this is not to be of concern to you. Enjoy the soothing, rocking as it were of the ONE who wishes to carry you in His arms just as a mother rocks its baby who is disturbed by external stress of the world. What you experience is the presence of My energy undulating through your body in a healing manner. Let this blessing be. Learn to accept with a grateful heart the LOVE of the Creator for its child.

Adieu.

Thursday, August 13, 1998 11:48 a.m.

- \_\_\_\_\_:
1. What is the meaning of the gentle vibration and the red vision when I am awake?
  2. What is my mission?
  3. Is it too soon or when do I sell my assets?

**N:** Holy Trinity and Blessed Mary, what are the answers to Joyce's concerns?

**Eternal Father:** When it is time, you will be able to discern the meaning of such questions when in the awake state. Doug, do not fear for you are but the conduit of OUR messages and WE are not afraid of questions which have arisen in OUR creation.

\_\_\_\_\_, you are full of questions, but do not let these concern you to the point of distraction. Yours is a path of learning and such concerns are a natural part of the journey. Let MY Holy Spirit guide you in the little things of your life and the big things will better take care of themselves.

This gentle vibration which you perceive percolating through your nervous system is once again a soothing of your inner being; in this case it is a healing of your frustrations originating from your waking state. Without this assistance from My Holy Spirit, you would not as well be able to extinguish the growing annoyance which you feel in those items you perceive around you in which you sense a betterment is required. This analytic tendency of your brain through your genetic endowment, is the source of this disturbance in your awareness. This too needs to be dealt with either by steps you take or by the grace which MY Holy Spirit freely gives. So you see, you are much loved and taken care of on an ongoing basis even when you do not fully understand the process just as Doug mentioned in Tim Horton's restaurant. You will not be able to know how this healing is being done within, but only will be able to sense it's effect on your external sensory system— vis-à-vis lights. You will learn eventually to control these "cognitive insults" to your sense of perceptual perfection— by lessening the number of such irritations and by increasing your sense of inner peace. Of course, this inner peace, love and joy is given by Me to you as an elixir towards which you will strive; it is the taste of heaven which will drive you onwards to sainthood and to eternal life in My BLISS here in heaven..... should you continue in MY Son's footsteps.

Your mission is to become a saint here in heaven. How this is to be done of course is more in line with the intent of your question. You have a need to say intercessory prayers requesting healing for people and this should be undertaken throughout your life when the situation presents itself, that is, if the person asks you. However, if you feel the need to assist another person, always ask the person if such prayers are welcome and then you may lay hands on them in MY Son's name. You may, as Emma described, always retire alone to a quiet location and say prayers for the best intentions of individuals who you feel need a healing intervention. Remember the saints, angels and archangels are more than eager to help you to carry out these prayer intentions in MY will, and you may enlist their support in carrying your prayers to the foot of MY throne. Yes, these prayers are more powerful in the sense that I will consider them more beautifully presented in the love which I have given to each of your hearts. As to the specific details of your healing mission, MY Holy Spirit will guide you on a moment-to-moment, day-by-day basis in doing MY will. The "long term picture" is not known to the vast majority of my children— of such is the need for faith in following My will, which originates in a dynamically changing array of possibilities as the free will of man is exercised.

Strive to become economically independent, in that your income is assured over the course of the year and in this way be ready to assist those in need who cross your path. Do you need to sell your assets? Only if you have such a need. Remember, that my saints strove to do little things with great love and in this way pleased ME.

Adieu.

**Monday, September 29, 1998 7:28 p.m.**

**N:** Holy Trinity and Blessed Mary, what is \_\_\_\_\_ learning as a result of her Life in the Spirit seminar?

**Eternal Father:** We understand that is a very difficult time for \_\_\_\_\_ just now, that she is going through a rapid state of spiritual change, one in which her cognitive senses are reeling and one in which she finds the resultant confusion very disarming. But it is in these times of spiritual change that there is the growth of the seed. When the seed is planted it takes an enormous amount of energy for the seed case to break apart and for the new growth to emerge. Another analogy is the amount of energy the infant chick requires to break apart its confining shell and reach up to the air for its first few breaths of fresh air. And of course in the birth of a new baby, there is the tremendous pain, anguish and separation anxiety that the new born experiences in being expelled from its mother upon whom it still remains so attached, not just in a physical manner, but in a real awareness manner— as the thoughts of the mother are indeed shared with the child even in the embryonic stage within the human fetus protected within the amniotic fluid of the uterus.

If you compare your spiritual growth with these infants, do you not see the need for the growth pains which you are going through? How difficult it is to experience the relationship with the Mother, or the Father, or the Son, or the Holy Spirit in this agony of pain. It is only after the pain has been lived through that the taste of air becomes sweet, that the water of life becomes refreshing to the newborn, and that it begins to look about and to sense anew, or the first time what it is truly like to become fully alive in the Spirit of God.

Who would bypass this process would not gain its tender results. Who would bypass this fruit of the Spirit would not enter into the kingdom of God for it is in our birth in the water and Spirit of God that we have our rebirth, or beginning of the new self, the new emergence of the soul in its pristine state. This is not to say that sin does not or will not enter, but rather that there is a time of new birth, a time of pained enlightenment which the awareness will eventually look upon as a short period of needed endurance for the greater glory of God within its offspring.

Who feels themselves so cleansed that they do not need this new birth? No one who seeks the kingdom of God will escape these birth pains for new wine cannot be poured into old wineskins, but rather can be poured out only into new ones which will not tear and rip with the infilling of the Holy Spirit.

Think and meditate upon this, as it is in the formation of the new you, the new container in which you will become strong enough to hold and to maintain the grip upon the new gifts that the Holy Spirit wishes to grant each one of you.

Be assured that the fruit of the new birth is more than your dreams, more than your greatest expectations, for your Father in heaven has more good gifts for you than you can store upon the earth. You do not know of the eternal riches He has in store for you in the mansion prepared for you since the beginning of time.

Expect much and be ready to give much in a small recompense for the treasure which you are offered in the mercy and grace of your Holy Trinity.

Let the blessing be!

**Tuesday, February 22, 2000 3:07 p.m.**

**N:** What was the message that you gave to me during the February 8, 2000 meeting of the Servants of the Light Prayer Group?

**Eternal Father:** Well it is nice to once again provide a message of this importance to you. It is not in your nature to desire to perform for other people and yet it is important to transmit my messages to others as would be the case with an obedient servant of God who was being first obedient to his Spiritual Director, in this case to Father Sebastian Arikat who asked during the meeting for all who received a message to share it with the others if this was in My Will.

And so you, in your false humility, chose to withhold my message due in part to your embarrassment with the format of the oral session as opposed to your normal "in front of the computer" format which you have become familiar with on the basis of your own choice. Nonetheless the message was for all and it is good that you have chosen to share it with others.

In the beginning My Word created all beings and in his Holy Name all things came into being. My Son, the Word, whom you call Jesus, is the very source of your life; He is the light of your life and it is upon his power given to Him by me that all things rest and ever change in the presence of my being, in my omnipresence, omnipotence and omniscience.

Each of you is a created being, a seedling if you like, of my Son's creation, but through original sin, caused to come into existence by Adam, you had need of redemption by the new Adam— my Son Jesus who was indeed the Christ, the Messiah, the Anointed One who, through His passion on the cross, died for each of your sins both now and forever. Each of you were born with free will to freely choose to become a saint with Me here in heaven or to depart into the everlasting fires of Hell with Satan and his demons. Upon face value this would seem to be a simple choice to make, but through the temptations of the fallen Angel Lucifer, countless humans are being deceived into choosing pleasures of the earthly life instead of the peace, love and bliss that exists here in heaven.

My Son Jesus has prepared many homes of great beauty for you to live eternally in the presence of all the angels and saints who have been purified either at their creation as with the angels or in Purgatory as with most earthly souls.

And so Doug you were given the image of a seedling which had the choice of being nurtured in the living waters of my Son's life, his graces and His mercies. By doing so, you, by your free choice, become a branch on his life-giving vine, and over time, your earth time, you could come into fruition with the aid of the gifts of my Son's Holy Spirit— which you have already shared with the Servants of the Light. What a glorious reward each of you will have here in comparison to the Hades of hell there in the netherworld of woes.

Each of you has the opportunity of being delivered into my presence and joining the golden field of wheat where my Holy Spirit gently blows a cool breeze of refreshment upon you constantly. This is the vision you were given Doug and the one which you found in your human mind difficult to capture in its splendour. May it be so, for human words cannot capture the essence of the glory of my presence. It is true that the archangels present your prayers to Me both individually and as a group. Remember that My will is not your will and that my ways are far beyond your ways or your human intellect to understand. Each of you will have the opportunity to grow in the manner you need in order to attain a full measure of My glory, given the measure of the endowment bestowed at birth and the spiritually nurturing environment that you grow within.

No doubt you will have noticed that each of you have creatively different, creatively dynamic lives in which and through which you express your own free will as these have come from my own free will to grant you the same within the limits of your created being.

Do not fret nor become despondent. Remember that I, my Son and our Holy Spirit, Three in One Being— are ever with you, ever urging you, inspiring you and supporting you to make the right choices which will lead you to a full share in your prepared heavenly abode.

May the blessings be!

**Tuesday, February 23, 2000 3:07 p.m.**

N: ABBA, what advice would you give \_\_\_\_\_ who is now 14 years of age?

**Eternal Father:** It is good that you seek advice from Me, your Eternal Father, for you \_\_\_\_\_ have need of this consoling warmth in your life. Do not be afraid that you are too young to understand for I am meek and mild and will not overwhelm you, you who I love so much.

Today you are embarking upon a journey which is solitary, but one which is full of companionship with me if you so desire. You have only to pray, fast, give alms in the form of charitable works to your loved ones and peers, and you will develop a rich inner life in which my presence will be your safety and abode. My kingdom is within your very heart. It is in your heart, in the very loving presence of your thoughts that we shall sup, you with Me and I with you. You are not alone, for you have an Eternal Father who loves you far more than you could ever know.

It would be good for you to read yesterday's message at this point....

So you see that my Son Jesus has prepared a place for you here in heaven and it is for you to decide whether or not you will arrive as the prodigal son who would be welcomed into my home with open arms.

There is not one place on earth which has more peace, love and joy than this one at the time of your purification. Be at peace. My Son Jesus has redeemed you, if you but ask his grace and forgiveness for your sins. His mercy is endless and full of the rewards which you seek in the world about you.

Have faith in those who love you, for they too are imperfect in their comings and goings. Each of you are on a path which, if taken in the direction of the cross of my Son Jesus, will lead you to Paradise. There is no other worthwhile destination in the life of the flesh.

Each person is called to his vocation, but the decision is left up to the individual to follow the promptings of his heart. You have the potential to do much good in this life in terms of leading others into my Son's fold, into His flock of sheep. For this there are many rewards here in heaven, but at the same time there are many pitfalls there on earth where the evil one now reigns supreme and leads so many of my souls to hell and eternal damnation. There is no greater sadness than to seek one who falls into the abyss of hell screaming with the realization that there is no return to grace, no return to My presence.

You have so many questions about the course of your life. Each one must be faced in a chronological order at the right moment of decision making if you are to keep on the pathway my Son has laid down for you. It will not be easy, but my Son's Way was full of sufferings as well.

Do not always look to the easy way, the path of least resistance, but rather meditate and pray in silence that you hear My voice within in the still quiet— a process which will lead you to making the more correct spiritual choices rather than the "easy" earthly choices which have very temporary rewards.

Eternal rewards here in heaven are awaiting those who listen to my voice within and heed in acquiescence, in love, in quiet surrender to my will in your life. Read the lives of the saints and you will see what sacrifice and suffering can bring to one's life. Do not be afraid, for I am with you all the while.

Read from the Word, inspired from the Holy Spirit, about my Son's life and be able to quote readily those thoughts which bring a sense of faith, hope and charity into the lives of those with whom you associate.

It is in the giving in an obedient, surrendering way to my will that you will come into union with the Holy Trinity and not your own ego's way.

Let the blessings be.

Thursday, February 24, 2000. 9:50 p.m.

N: ABBA, Eternal Father, \_\_\_\_\_ has asked for Your counsel in the following words: *"It would be nice if I could give a message to my wife and daughter tomorrow on the occasion of our wedding anniversary and a birthday."*

**Eternal Father:** Yes it is with delight that I answer this request to wish the two of you a hearty well done in view of the years that you two have stuck it out together and even for the time of your estrangement in which the bonds of love have still remained underlying the financial and geographical problems which are so evident in your current relationship. It is in the dying of love that divorce takes place— and this is not the situation with your love for one another, but rather it is in the parting of minds, of the will to tolerate one another's wills in a coordinated manner that so keeps you apart in a physical manner.

Two hearts bound into one do not always have the convenience of the same abode, but are bound spiritually in an intricate web of relationships. Do not fret for I am here watching your every thought and action and for the most part I sense a charity, a longing to do that which is right in your individual lives even though the physical ties have been loosened.

And as for your daughter, your birth upon this earth was celebrated with great joy and the suffering accompanied with child birth as is the case for most children with loving, caring parents. You in many ways have been a gifted child, one who has received much love and attention from doting parents who would do the very best for you. And you have reciprocated their love in your own way, in your own time in a filial bonding which is reminiscent of my love for each of you.

As your family grows in closer harmony with my will for each of you, you will come into closer harmony and understanding of one another. It is not always easy to fully understand the actions of another person even when you think you could predict their behaviour based on many past events. Not one of my children is completely predictable to another human being, for I have given them free will with which to function within a dynamically intertwining set of circumstances which are in constant change— even though they may at times seem to be *"the same old situation repeating itself."*

You have the ability and inclination to solve your family problems as a family and may choose to do so. As you grow closer to me, you will grow closer to one another and so the way to peace, love and joy is through me and through my Son who created you. It is in focusing upon doing my will that you will appreciate more and more the effort that your partner or parent is making to live *"a good life."* This appreciation will cement you increasingly together in a gentle obedience, one which comes from the heart to willingly and lovingly perform acts of kindness and mercy for one another and for others in your event horizon. Do you wish to find happiness? Of course you do! and this joy and spiritual Bliss is to be found in Me who created you. All else is of a temporal nature and will not last.

I strongly encourage you to follow my Son's life and to be led into His grace though the powerful assistance of our Holy Spirit which will guide you from within your very heart, the centre of your being through an intense prayer life, meditation, fasting, almsgiving, contrition and sincere confession. You will be given all the grace and mercy you need to find Me resplendent in your life in the smallest to the biggest of things.

May the blessings be!

**Monday, July 23, 2001. 11:00 a.m.**

**N:** \_\_\_\_\_ and I had dinner together at the Swiss Chalet after Sunday's 5:15 p.m. Mass and discussed many things. ABBA Father, what things were learned and what advice would you give \_\_\_\_\_?

**Eternal Father:** Well, it is good to see you back once again behind your computer desk, knees cramped and all. It is with pride that you come once again to ask of your Father what has already taken place! So be it.

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\_\_\_\_\_, you learned that others will not always turn away from you when you need help, but that, as did Don, they will reach out to you in Christian love and lend a helping hand in an act of charity, and act of love given to them by ME, the Holy Trinity, their source and the treasure of all goodness in this created world.

\_\_\_\_\_, as you come to realize this, you will increasingly become more confident in sharing your real problems of transition from an individual who has relied heavily upon himself to one who is eager to help and be helped by others. This is not an easy lesson to learn, but it is essential for the growth of humility in my children. No one comes to me, the Father, except he comes as a little child. For all my created beings are my children and rely upon ME for their existence. It is my Word, My Son Jesus, whose Light gives you life, and it is upon HIM you should depend for your nurturance spiritually and for the satiation of your physical needs.

Do not seek peace, love and joy within artificial temporal substances for in them there is sadness, disappointment and the realization of desolation.

You were given good advice to begin lessons— both in becoming a Roman Catholic and secondly to becoming self-sufficient in your chosen occupation. Which of these do you think is more important to the ever-lasting happiness here in heaven? Treat your response with the solemnity and dedication you will need to reach your final goal, that goal which is there for each of my children.

I am your Father, look up to ME and seek, look up to ME and ask, look up to ME and listen for the answers which you seek. Not one of my children can find all the answers on his or her own. Depend upon my mercy and not the mercy of mere mortals for in them you will eventually be disappointed, but in the Father, Son and Holy Spirit you will find eternal refreshment.

In whom will you find the answers and food of life, but in my Son Jesus? It is in Him, the living WORD where you find the peace, love and joy that will not fade and dissipate before your very eyes. Seek first my kingdom and all will be added unto you. Seek ME, the **abyss** of MERCY, the STRENGTH of the saints, the eternal LOVE which you so desperately need. It will be by giving MY love to others in your family that the love that you so seek will be returned to you in your role as father, friend and husband.

Which course will you resign yourself to follow and not step from its path? Take up the cross of My Son and offer your "sweet atonements"— all those things you really do not wish to do, for the advancement of your soul in becoming a saint who lives eternally free and happy in paradise.

Adieu my child. May your earthly choices reflect and clarify your intentions to become my little child who enters into paradise with a beaming, radiant smile.

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**abyss:** immeasurably profound depth

Wednesday, July 25, 2001. 6:24 a.m.

N: Eternal Father, what advice would You give \_\_\_\_\_?

**Eternal Father:** Since you (Doug) are here in a fit of passion, in a subsiding anger/rage encounter with your son (Danny), it is difficult to transmit my message as clearly as I would have it be. However, as we go along, it will become clearer and \_\_\_\_\_ will be able to discern meaning meant only for him.

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\_\_\_\_\_ is an unusual person in that he, in the beginning, meant to do only that which was good for people in his youth, and due to a series of disappointments with people, he increasingly became withdrawn into himself, increasingly relied more and more upon his own resources to survive in a world which to him was becoming more and more hostile, one in which things gave the appearance of needing control. With this picture of desolation, of increasing hostility, he felt that it was germane, that it was necessary for him to overcome its senselessness, the insensitivity— with his own self-determined force.

What good is it to win by force? Doug, you this morning were given a two-handed push by your autistic son Danny. You responded by giving a very forceful two handed push, sufficient to land him on the seat of his pants on his inflated bed mattress. You then showed him the command with your hands "no pushing." In your mind you felt that some good had been done, but what good had been done? Compliance? Obedience? A sense of instilled rage? A peace forcefully enforced?

Examine the alternate solution. **"It is written"** that I said you should turn the other cheek if someone wishes to hit you. That you are to give your shirt willingly if someone asks for it or even tries to rob you. My Son's commandment was, **"Love one another as I have loved you!"**

Aggression, anger, rage, when met with the same force must, from its own eyes, be overcome with more force. Love cannot be overcome by force. Love will exist and triumph over the negative forces of anger, brute strength and rage. Yes, as you experienced, Doug, there is a sense of "winning," a sense of control in "beating" your neighbour, but is this the ultimate victory? Of course not!!

\_\_\_\_\_ you are old enough to realize, that in your life, negative forces have controlled your responses for some time, yet you persist in thinking that a kind of goodness results. You have a false sense of service in which you take pride, and in doing so, are taking a downward spiral in a spiritual sense. To climb back up your own "spiritual ladder," to do GOOD, you will have to begin to use more gentle techniques.

For example, yes, it is true that you were given a spiritual gift of discernment, but on what terms? Who gave you the right to delve into the past lives of people? Not I! You see Satan can and does try in his deceptive manner to cover your eyes, to most subtly deceive, to cunningly dispossess my children into thinking that the gift given comes from ME.

Knowledge in its own right is neutral. It can be used in a number of ways for both good or evil. If knowledge is used to gain an advantage over another person, is this not a very similar kind of "force" as given in the previous example of Doug pushing Danny? Yes, Doug loves Danny and Danny still loves Doug even though he does not fully understand the push. In presenting knowledge, such as you gave \_\_\_\_\_, that Doug was "afraid" to do the session, (which was true to a small degree, in a different context) you inadvertently are controlling and manipulating other people's behaviour into a "picture" which is more acceptable to your beliefs and system of expectations.

Who does not want to become more enhanced in the eyes of others? The scriptures tell you that my Son, Jesus, spent his life in preparation to carry his cross to do MY will. Did my Son spend His life trying to glorify himself or to reveal my glory? Did my Son, spend his life in performing actions which promoted his own good or My Goodness. These questions are at the centre of each of my children's free will dilemma. Will you choose to "do good" to enhance your own interests or to do Good, to reveal my glory. Each person must strive to give service to others in a most caring, gentle manner— in a manner which leaves that person with a sense of dignity, as opposed to being "stripped naked" before your own eyes. Did my Son, in the scriptures not ask questions of the woman at the well and yet He knew the answers that she would give. A gentle, caring loving service to one's neighbour is what the Golden Rule is about— **"To do unto others as you would have them do unto you."**

Adieu.

Sunday, September 9, 2001. 7:52 p.m.

N: Eternal Father, \_\_\_\_\_ would like to ask you for the answer to this question:  
*"What did You mean when You said, 'Now will you believe I made you One?' "*

**Eternal Father:** It is with understanding that I answer this question from your friend \_\_\_\_\_ who truly should be asking me such questions himself and waiting patiently for the answers in the silence of his heart wherein I dwell and wherein I will give him such answers. It truly is difficult for one to receive such answers when one is conversing without end, without letting the one being spoken to, have a moment to give an answer in the silent moment.

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Who is it that speaks to you,? Well it is I, your Father. You are my son, my created son. You are part of Me and yet I too in turn am part of you, for I have given you a soul which can dissociate itself from doing my will and do its own will. Who but an omnipotent Father would be so kind as to allow his child full freedom to separate himself so completely from that which gave him life, whose breath is a gift of his birth. When you say my name, YHWH in a breath, do you ever think of me, just how close I am to you, just how completely dependent you are upon me and yet you are able to perceive yourself as separate and independent of me, although you are not. Your life will always be dependent upon my will and your life will be eternal— either here with Me or there in the depths of hell. Whose counsel will you seek to help you?

\_\_\_\_\_, you answer that you would be close to me, but do you really give our relationship the time and effort that it requires? Yes, you sit, but does your mind stop to receive, stop its analytical thinking to realize that like a sponge to receive water it cannot be full of water. So dry yourself out in a sense and become little, that is, be ready to receive my thoughts, and in my thoughts you will receive your answers which will answer the questions which need to be answered in the order and timing of my choice. Be not offended that you have to wait so long, for you will be tested just as all my saints are tested to see if their zeal is sufficient and if they truly wish to listen and heed my answers. So many of my saints-to-be are impatient and demand "the" answer in the moment only to be consistently put off until they learn humility, to learn that it is to their Omnipotent Father they speak who does not have to respond on cue as though they were speaking to a lesser being in bondage. Remember I am no more in bondage than you were born in. Your baptism has set you free to discover me over and over again and as the ever-new, ever-loving, ever-caring, merciful Creator. You have but to ask Me, and it will be heard. Where is your patience, your humility, your respect for me, this timeless Father that you have.

Yes we are one. And who does the "we" refer to? You and your friend, friends, acquaintances, and brothers and sisters in Christ— my Son who died for you on the cross. Do not doubt that you are loved infinitely, for each one of you are. And not one of you had been predestined to hell. Each of you my children have been given the mercy and graces needed to live here with me for eternity. Is this not enough of a reward for the acquiescence of your will within my omniscient, all loving will.?

\_\_\_\_\_, you need more faith, more patient faith, with a greater willingness to expect my answer in my time not your time. For you to wait for my answers means that you may have to wait for the moment when I know that it is the right moment to answer and in the exact fashion that you need for the eternal benefit of your soul. You do not see what I see. For only the Holy Trinity in its ONENESS can see the past, present, and future of your created existence in a living NOWNESS. Do you wish to grow faster than you expect, then listen to OUR advice for we are willing to give this to you.

You have been given many graces and blessings which you are in the process of beginning to use. This newness seems to be bothering you. Do not be disconcerted that you will be doing things which you do not understand at first. All things will be made clear as you move along and complete each small step. How often does it happen, that as you look backwards, you see where my hand has guided you in making decisions, has encouraged you in having made a certain decision and has formed the circumstances within which you will make your next decision. Yes, you are constantly being influenced within the "control" I have over you— to lead you, to assist you, to guide you in making decisions which bring you to my narrow gate, the gate of service to your fellow man within the love we have for one another. This my Son did, this I will expect of you as well. Yes, there will be suffering! Did my son not suffer! Will you graciously accept the suffering entailed with the carrying of your cross? Yes we are one. The path to me is through suffering. You and your associates will know the way clearly if it entails a fissure, a chasm, with the will of your ego. Not one of my created beings can do only his own will and pass through my narrow gate, the gate held open by my Son, The Shepherd, who will pass judgment upon all souls who wish to gain entrance into My Kingdom— all souls. My justice will pervade its authority into the lives of every created soul including yours. The rewards and punishments will be just and well deserved. Always remember that sinful man can only gain heaven through the sacred shed blood and water of my Son Jesus. It is through faith in his Holy Name and His redeeming sacrifice which brings sanctification to men's sinful souls.

Each of you are called by the Holy Trinity into union, into a peace-love-joy so profound that the suffering will be felt as a joyous atonement for sins of not only oneself, but also of others in the Communion of Saints. And so my Son wishes each of you to pray for the conversion of souls and for the release of souls in purgatory. For this he died, for this he wishes you to live and to suffer with Him and His Most Blessed Mother Mary.

Spread this message

Adieu.

Sunday, May 12, 2002. 7:57 p.m.

N: On this day, \_\_\_\_\_'s 30th birthday, Eternal Father what message do You have for her?

**Eternal Father:** Well it is without precedent that you come and ask for this your new friend with your heart on your hand and your curiosity piqued to the point of being irritated. Let it be so my child, but do not let so much time go by before you come to Me, for in doing so, you in a real sense lose the channel, the empty conduit of My message transference. And who would want to listen to an empty dried up conduit? Keep my rivers of flowing waters flowing rapidly and consistently in your soul and heart for the betterment of not only yourself, but for others— as is in your heart to do so. Enough now of this short but important message for my little child whom I have loved before his birth and will love evermore here with me in heaven should he keep pure his intention to "abide in my grace" as Father Brennan's message from Me was given (in the confessional at St. Mary's Cathedral just this last Saturday).

\_\_\_\_\_, you are a child of God and not of Satan— who has given birth to not one soul; and your soul is as beautiful as the rising Morning Star that is my Son Jesus and His perfect mother, the Blessed Virgin Mary. Who would wish not to emulate her life? Who would wish to forsake the blessings so freely heaped upon her pure soul both there on earth and here in heaven. What model could anyone have then which might lead us more surely into my saving presence?

You are the recipient of many graces and gifts, truly given, truly received and so little used. Do not believe even for one moment that you have lost those graces and mercies issued by us, the Holy Trinity, for they remain as a bouquet of flowers surrounding your soul to be smelled and appreciated by so many others. In what way then do you wish to activate their presence in your life? Who do you wish to help with these spiritual tools so deeply rooted in the garden of your soul. Is it not a great blessing to have such an artillery, such a great battery of weapons to go forth and fight the battle for Me, to reveal my glory there upon earth! Do not be afraid for you will have your guardian angel, and the Holy Trinity and the Blessed Virgin Mary to help you on your spiritual way— just as do my other children who choose to follow my Son's way of the cross. And yes, as your new friend has said— mortification, fasting, sacrifice and prayers will help you to open a new found communication, a new found intimate conversation with your spiritual helpers in this communion of saints, with those here who will be only too eager to help one who dedicates her life to the saving of souls and of revealing my Word to others who so desperately need to hear its message of good news and hope for everlasting life.

Who would not tremble for the opportunity to proceed into the wonders of heaven? If only they knew of the rewards that await them here, of the high place that is their birth right to be earned in a pious and sacred life, guided by my Holy Spirit. What love I have for you and your friends— all those who would be spiritually influenced by your warrior spirit. Do not be **abashed** by the fact that within you, you have my blessing, my courage and sense of perseverance upon which to dwell and be nourished. You will never be alone, Never! For that would be impossible as long as you choose my way, my Son's Way, as your friend has suggested, *"to carry your cross in shadow of my Son's cross, in His very foot steps."* Yes, this Way is a way of suffering, but it is also the way of glory, My Glory, which needs to be revealed to my children ever more frequently and clearly,

I do not wish to over burden you with the responsibilities of your mission *"to love thy neighbour as thyself."* Remember, in the knowledge of My love for you, you can share My love with all your neighbours and friends— and most importantly, with your enemies who need conversion. This is not an easy road, nor was my Son's; He did My will as I expect you to do. Remain in my strength and not in any pseudo strength or self-enhancing false stimulant— there are just so many of these which deceive my children from the true path of my Son. I ask you to follow My Son in the **closest proximity** that you can muster. You have been given the free will to do this successfully and to be rewarded here with Me forever.

Adieu.

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**abashed:** *to have a sense of uneasiness or embarrassment*

**closest proximity:** *extremely close and even in union with*

Tuesday, May 14, 2002. 2:37 a.m.

N: Eternal Father, what message do You have for us?

**Eternal Father:** Do you feel better now that you have obeyed My request through your friend \_\_\_\_? Or do you wish to ask only for yourself? Think carefully about this. Live your life in such a way that the greatest number of people can benefit— was this not the way of My Son Jesus, the Second Person of the Blessed Trinity? Remember that it is in the flowing river of my precious life-giving water that the conduit is cleansed in an ongoing manner. It is in the usage that a pair of shoes, regularly cleaned and polished, are made to shine all the more with sparkle and new life. Do you see what is in store for you? You will be forever becoming closer and closer to Me, your Father who alone is Goodness, Purity and Holiness. This is a reward I have not only for you but for each of my children.

Tell \_\_\_\_ that he is quite right in saying that these messages are not only for you, but also for all my children. Each one can read My messages and find himself or herself reflected in the Light of My wisdom. It is in the seeing of your imperfect image that you will come to know and realize the importance of making rather small but significant changes in your attitudes and behaviour to come into closer union with the Pure and Holy life of my Son.

Yes Doug, you were right to say that each of you are to walk in the footsteps of my Son's passion. Not one of you will be able to suffer to the degree that He did for others' salvation, but each of you will be able to offer to us, the Holy Trinity, your daily suffering, trials and temptations for the good of others. Notice please that it is better to suffer for others rather than to dwell upon the "*Why me?*" **syndrome** with which so many of my children have oppressed themselves.

Who would pick up the plough and try to carry it all by himself? You do not have the strength to single-handedly take the plough through the tangles of the field. Very soon you will tire and stop, but with My help you will come to know of My strength to slice swiftly through the uncut furrows which are given to your inner vision as new highways of progress not only for yourself, but more importantly for others. It is in the helping of the community that the individual takes up strength, takes up the needed energy and **vim**, the **sap** of the sapling, the life of the energy of your being which is My Being.

\_\_\_\_, you do not have to concern yourself so much about the changing of others. Let each of their foibles be approached by Me in my own way in my own time. In doing so, you will please me in that you will then be doing my will. Yes, there are times when we admonish one another, but do not make this the most important goal in a given moment. Rather, focus on those things we need, within ourselves, to improve upon— in the Light of the revelations which I will give you.

\_\_\_\_, you are a delight to my senses, a joy to Your Heavenly Father for you try so hard to please me, to do my will and to carry this out in so many ways. Persevere and lead your loved ones into My light wherein there is peace, love and joy eternal. It is in this transformation that you will become more and more holy, more and more pleasing to Me. Offer up to me your troubles, allow Me to help you to handle them for you. Live your life in faith that I, your all powerful Father, can and will give the grace, mercy and **innate ability** to courageously carry my banner into a battle which is being fought most severely here in the spiritual realm. Be confident that you will win in my strength, in my courage and in my all-loving Presence. Love one another as My Son Jesus has loved you. Give your entire life to the advancement of others and you will please me greatly. Pray for the conversion of souls for so many of my children have been blinded by the ways of the world. Bring them to me in the example of your lives, in the celebration of the Mass which is the very re-enactment of My Son's Passion— your sanctification offered to me in retribution for having offended my Goodness which is infinite and needed the infinite recompense so willingly given by My Son Jesus. No other way could be offered to me, no other sacrifice could quench my need for justice. How I wished to **consolidate**, to make less the pain and agony of My Son on the cross, but this was My own infinite suffering that each one of you might be able to be redeemed. Go now in the peace, love and joy of this unity, this Holy Trinity which has loved you so much.

Adieu.

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**syndrome:** the complex symptoms of an undesirable quality  
**vim:** the bubbling, ebullient energy and vitality of an individual  
**sap:** the fluid which carries the vital food and energy to the tissues  
**innate ability:** produced through the grace of inborn awareness  
**consolidate:** to share in union with

Thursday, June 13, 2002. 9:03 a.m..

N: Eternal Father, what message do You have for us?

**Eternal Father:** Do you feel that I will be with you ? Do you feel that I would not be present in your life? Remember that I am a benevolent and loving Father who would converse with his child who at times would not listen to my advise given in this format, in this forum, in this manner.

Where would you go for such advise? Not to a soothsayer! Not to a swami! Not to a tarot card reader! Not to your closest friend– unless that friend has a message from me for you! Who knows you better than me?

With regards to \_\_\_\_\_, do you have enmity for him or do you have the respect for your friend who would bring you my message through the Holy Spirit? Do not be shocked that you are so important to me for all my children are! Not one of them, or you, are to be lost in the temptations and attractions in my world. Remember that I am a jealous God who would have all of your love directed through each thought, word and deed so that we can live in the most intimate union. This is the **KISS** you referred to while at Tim Horton's last evening after LaPieta Prayer Group. The simplicity within which I wish you to live is this union, this relationship in which you and I are one so that a multitude, a **plethora** of souls can be helped by my grace flowing through each one of you.

It is this fountain of grace that needs to flow unimpeded through each of you, from Me to you and from Me through you to others who would be helped in their spiritual journey.

\_\_\_\_\_, you are in need of the help that you are now receiving from your two brothers in Christ. Which one of my children has all the answers– not one of them and not yourself. Do not think this to be harsh for it is only a **reality**, the reality of the communion of saints through which My grace flows. I ask that you review the control that I have over my creation. Each soul has one of two destinations, either heaven or hell. Hell had to come into existence because of the sin introduced by Lucifer and your first parents Adam and Eve. Because of the enduring nature of the stain of sin, there is need for the soul to be further purified and made holy in purgatory so that it can enter the pure and holy realms of heaven. The souls in purgatory are pleased to know that they will be in a **moment** brought into the celestial **corridors** into the heavenly home that was originally meant for them without the need of entering Purgatory wherein there is considerable suffering.

**(phone rings)**

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**KISS:** \_\_\_\_\_'s idea was "*Keep It Simple Saint!*"

**plethora:** a superabundance, an overflowing number

**reality:** "*Be compassionate, but at the same time be realistic,*" was a piece of advise given to \_\_\_\_\_ concerning her relationships with other people.

**moment:** time is felt to be elongated when suffering purification in the extremes of purgatory

**corridors:** the path restricted to holy souls who may live in the heavenly abode

Tuesday, July 23, 2002. 7:22 a.m..

N: Eternal Father, please explain the meaning of "know that" and "made known."

**Eternal Father:** Well it is with pleasure we once again take up our quest, the quest which we have embarked upon from the very beginning of time. It has been my plan all along the pathways of time to be with you in your trials and troubles and to comfort you my child when you have had doubts, questions and moments of desolation.

Who would deny me this role? The human ego would and does in its ignorance of my presence. It is this very ignorance of my presence that needs to be obliterated to be annihilated and torn asunder so that my children can know me just as I know them. Remember that I am all knowing and omnipotent. I have known you before you were conceived in the womb and I will know you for all eternity. The place of your residence is up to you. Will this eternity be in hell or in heaven— for there are no other ultimate destinations.

My love for you grows infinitely as you proceed through the trials of your life. I AM with you and in you, but so often you close your mind, your awareness to my presence. For these reasons you need to have knowledge of my presence given to you through my Son, Jesus Christ, my Word made manifest in my creation. He has made known to you my Word for he is my Word. In your scriptures you have transmitted knowledge which will bring you to life everlasting. Other knowledge can and does flow into your awareness on an ongoing basis from me your Father, but all you need to know about your salvation has been written in Holy Scripture.

Who would block my message to my children? There are those who would “bury the bone” and not let others near it. But in the parables, my Son has revealed to you, the kingdom of God— my kingdom, is within you; it is within your awareness— for you to find and explore. In your exploration you will find my awareness expanding, ever expanding into the infinitude of my Holy Presence. This is a dynamic process, not a stagnant one!!!

Who would cut off my children from my comforting words— only those who fear the presence of Satan more than they trust the power of my presence in the creation. Yes, Satan, has dominion, has temporary dominion over the creation, but in your baptism you are reborn into the life, the new life of the victory won by my Son over sin and Satan. Live in this victory, seek the kingdom, my kingdom within and you will find my presence my grace, my mercy replenishing you, strengthening you, increasing your holiness and sanctification so that in a moment you will be made sanctified— to enjoy union with the Holy Trinity within your awareness, within your soul. It is in the free will of the individual that the door to salvation opens. It is in your faith in my eternal presence that you begin to earn the entry to the gate of heaven there on earth. Did my Son not say that the kingdom of God was at hand, was near. I have not made it impossible for you to know of my presence and my wishes for you life.

In opening your mind and hearts to my presence, my love can infuse you, encapsulate you, and confuse you to the ways of the world. My ways are the ways of love, not the ways of the world. It is in your "yes," your fiat to the prompting of my Holy Spirit within, your obedience to the still small voice within— that your eternal spiritual growth takes place; and it shall be made known to you of my presence, of my love for you and my plan for you here in heaven where my awareness eternally abodes.

Remember my children, you exist within me and my plans for you. Your life can reveal my glory or be damned forever in the flames of hell. The choice has been **made known** to you and it is for you to **know that** I am God.

Adieu.

**Monday, August 12, 2002. 7:38 p.m..**

**N:** Eternal Father, what message do you have for us?

**ABBA Father:** This would seem to be an expanded message covering many of your loved ones for whom my message will become known through your sharing.

What is it that you would have me share the facts presented in a logical order or the Truth which you can grasp over a period of time? Often the second is the more informative when seen at a distance, a distance of time and place from your computer prayer room.

Doug, you would have Me seem to be inaccessible to the understanding of many, but is this true? We know that you are capable of sharing this message with an increasing number of people for whom the messages would seem novel and new. Would you deprive them of this illumination? No, it is in your heart to help others and to allow the Light flowing through these notes to shine within the heart of your neighbours. The pathway is not always as illuminated for others as it has been for you, and in so saying you have a responsibility to share with your neighbour who, as it were, is hungering for this food coming from my very WORD. Allow these my children to be nourished as I would have them be. You do not need to know the intent of my messages, but rather to regularly come to this Light, this Source to dip your cup that it may be shared on earth as it will be in heaven.

\_\_\_\_\_, you are going through yet another difficult time of trial and soul-firing. You are being made more aware of your dependence upon Me your Father who loves you so much that He allows you to suffer in seeming aloneness, seeming isolation which is like a burning bush, a freezing hailstorm of pellets, an ongoing saga in which you are the victim of your own thoughts. As you become more and more sanctified in My graces you will more and more clearly come into the relationship which you so desperately seek— union with My will. Please remember that this is not given scantily and without great effort on your part. The spiritual reward so far exceeds the trial and effort that you make that it cannot be imagined yet alone experienced except by degree, a small degree of its fruitfulness.

\_\_\_\_\_, patience, patience, patience— and most of all, patience, not only within yourself, but with those around you. You are not perfect nor are they. Only My Son was perfect. It is in His footsteps that safe steps are taken in the trodding, in the plodding towards my Light, my home for you. Examine your heart and within it find my love for you. Come to adoration and worship My Son who has given his last drop of blood not only for your redemption, but for your children as well. Seek my Son; Ask my Son for His help; and Listen in patient silence within. It is here that endless graces and mercies are received by those who have faith in my Omniscience. Who knows you better than your Heavenly Father. Who knows the inner heart ache that you have lived through in the separation from your children. Remember that just as I have a love connection with all of my children, so too you have one with each of your children. This cannot be broken by words and deeds for your love is part of My love. Have faith that My love can conquer all the barriers both physical and emotional which may with self-imposed impunity falsely thrust themselves between you and your loved ones. You are connected by my love and this cannot be broken by any of man's inventions. Go forth in confident steps, with my Son as your guide in your life. You will find the way to let them know of your love, care and concern in the strength of my Son's life. Be reassured that your free will is much stronger than you have suspected to date. Plow forward into the Light with my Son as your guide. No one said that the road was to be smooth or without curve.

Mankind is on a road to perdition which if not changed will end in disaster for countless innocent and guilty children. The signs are multiplying, but at the same time my help is increasing to those who would listen. Be shepherds of one another who follow the Shepherd, my Son, who is able to open the still small gate upon the narrow path that leads to My eternal home here in Paradise.

Adieu.

Friday, September 6, 2002. 9:56 p.m..

N: Eternal Father, what can \_\_\_\_\_ and \_\_\_\_\_ do to have a successful mission in Washington?

**ABBA Father:** Well, it is about time for you to help this pair of warriors and their friends in Washington. Your prayers will help as requested, but you should not hesitate to do so on your own in the privacy of your prayer room. Do not be afraid that you are seeking information which may interfere with the messages I've given \_\_\_\_\_, my precious little one. She will know that I am one God as you do.

Pray in the silence of your hearts my little ones and there I will meet you. Yes, Doug, my Kingdom is within the silence of your heart and there I will meet and sup with each of you who listen to my words of comfort and direction. There are many individuals who would thwart this mission by having President Bush back away from his predetermined plan to fight terrorism at the root level. However, he, President Bush, has resolved to do all that he can to continue, to form the plan now being enacted, to continue with his God-given inspiration to fight evil at its source.

Evil if left to propagate will, as leaven, taint the entire mixture— the forces of good have few warriors to head the attack, but those who are in the thick of it, who are in the front of the decision-making process have been enabled by grace to ward off insensibilities to evil influxes, to evil's infiltration into their thoughts.

President Bush and Prime Minister Blair will meet at Camp David and will be in accord; but they will be almost alone in their insight to the infiltration of evil, to the influence of terrorism within and without their own countries.

A new path of collegial assurance has been struck, the gathering of public opinion, the accumulation of political support both within their own governments and significant other countries. This will be perilous in that many will say one thing today and change the intent rather quickly when push comes to shove and shove comes to a show down. Countries cannot stand with one foot in evil and one foot in good, for they part in their ways and they but split asunder. "Are you for good or for evil?" –this is the question.

Warriors for good, do not slacken in your confidence that I, your Eternal Father, will help you down this perilous road. You could wait to be split asunder, you could wait to be annihilated, but do you have the resolve to step forward to fight the battle at the source of its roots!

The question here is one of intent. Do you intend to help or do you intend to watch what happens to you by forces of evil!

The decision is yours to make.

Adieu.

**Friday, September 20, 2002. 6:36 a.m..**

**N:** Eternal Father, you told \_\_\_\_\_: “It is a mystery to all men how I can take joy in the offering of your sins to Me. Man cannot understand how that which is ugly and repulsive to all can be changed into a beautiful gift offering that will bring souls to Me.” \_\_\_\_\_ then related how he had a “whoosh” experience, wherein You showed him that even the sin itself is seen as beautiful in your eyes. Please explain this to me.

**Eternal Father:** It is with joy that I give this explanation to my Son’s Friend, one whose sins have given me such joy and in whom I see much beauty. Doug, you have offended Me, your God, so many times and you have returned to me through the sacrament of reconciliation each time. Would I prefer that you had never sinned– Yes!!! but it is the weakness of your human nature to sin; it is in the weakness of your soul, which has original sin, to be vulnerable to sin through your ancestor parents Adam and Eve.. Who would remove their sin?– I would! but in justice I have given you the right of free will in which I have placed your choices above My choices.

Thus, your ancestors have a bearing upon how you now live your lives. Because sin came into being through a man and woman, sin must be eradicated through a man, My Son Jesus, who was the Christ, the Messiah– God who came to be in your presence not for just one day but for ever! He has taken all of your sins upon his tortured shoulders and in the space upon His cross offered them to me as a reparation for all mankind that they might, if they choose, be redeemed and made holy in order to share in my eternal home made for them before the beginning of time here in my awareness.

Yes, you exist in my awareness and it is in my awareness that you have been made holy through the perfect holiness and purity of my son’s perfect offering of himself to Me on your behalf. Is this not a joyous and beautiful event. Is not the suffering of my Son the most beautiful event that ever occurred on the face of the earth!!! In the sins of those who crucified my Son, there is a transcendent beauty enjoyed not only by man as a direct beneficiary, but also by all the angels and saints in heaven who offer this most beautiful event, this most love-filled event to Me as a reparation, as a redemption, as an **oblation** to Me– for the sorrow sin has caused me.

Who could say that this sin does not then have a corresponding component, a simultaneous joy which permeates, pervades and conquers the ugliness of the sin itself. From my eternal eyes, I prefer not to see the ugliness, the real odiousness of the sin, but rather to perceive the underlying and transcendent beauty of its transcending goodness, its transcending ability to bring the errant one, the sinner, back to me from whom each life came into being.

Remember that my Goodness does transcend all things– even sin!!! If man did not have the ability to make choices then I could not reward him here in heaven with my glory. So even in the act of doing the wrong thing, there is a transcendent Goodness which can shine through that act only if the individual turns and asks for forgiveness. This forgiveness is an integral part of MY Being for it is an aspect of MY love. Sin does not exist outside of my BEING. Sin was a gift to man that he might turn away from its ugliness and find Me through the infinite reparation and sacrifice of my Son Jesus. Even Judas Iscariot had the right to turn and be saved, but he chose to feel that his sin was too heinous, too great for Me to forgive. This is a blasphemy against my Spirit, for no sin is bigger than its Creator. The potential for sin was created by me for the sanctification of my children. Sin is allowed by me to be the vehicle, the impetus of redemption. Yes, this is hard to believe, to understand. But without the possibility of sin, then which one of my children could be rewarded for their good works. For in the latter case all things would be good without the possibility of committing error; how then could I justly reward you?

My angels know full well that man has a unique place in my creation for they cannot ascend beyond their given level of existence within My glory. They can, as did Lucifer, suffer from ego and think themselves sufficient and lose their God-given position as can man. My children– let My grace help you to be lifted up into greater and greater glory in my plan for you, by your ascent to my will for you in your life!

Adieu.

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**oblation:** The act of offering, through worship and thanks, the bread and wine of the Eucharist to the Eternal Father.

**Tuesday, September 24, 2002. 7:20 p.m..**

**N:** Eternal Father, please explain the statement: *“God is constantly talking to us.”*

**Eternal Father:** Well, it is with pleasure that you allow me to talk with you at this moment my son, but remember that our line of communication is always open, that I wish to talk to you at all times. This is not to say that I speak to you without the reasonable assurance of your listening to me. Would you have Me talk to a wall, to one who is not listening just to exercise my speaking voice? It is in the silence, when you are listening, that my words can best be heard by the individual who wishes to hear from his Father, his omnipotent Father who has the power but not the desire to impose his words upon his children. Human parents can take a lesson from this example in speaking to their own children or for that matter to their friends. Would we not be polite enough to wait for the individual to be ready, willing and able to listen to our message? Is this not the way of love? My desire to speak to my children is always with Me, but out of sheer respect and love for my children, I do not interfere with their free will to not listen to me. Adieu.

**Tuesday, September 24, 2002. 7:31 p.m..**

**N:** Eternal Father, please explain the statement: *“Graces only come through the Blessed Virgin Mary.”*

**Eternal Father:** My child, I am so anxious to give my graces to each and every one of you that in so doing I allow *“conduits”* of my graces and gifts. My Son Jesus is one such *“conduit”* through whom, by the power of my Holy Spirit, all of my graces and gifts and blessings flow. Another such *“conduit”* is His Most Blessed Mother Mary who also is used to transmit all of my graces, gifts and fruits of my Holy Spirit. There is no limit to their beneficence and to the number of graces and blessings which can flow through them. Who would stop Me, your Eternal Father, from doing the same to all and to any one of My children in a direct manner? If you think of a shower head sprinkling infinite plumes of living water upon each and every one of my children to wash them and refresh them and empower them to follow My will, to enable them to become all that My plan has in store for them here in heaven, then you get a picture, an analogy, a metaphor of understanding– to convey the urgent desire that I have to give my gifts to my children if they would only follow the narrow path that my Son Jesus has shown them. So you will have to widen your view to a multitude of channels, for my living waters which need so much to flow to my children for their salvation. Adieu.

**Tuesday, September 24, 2002. 7:49 p.m..**

**N:** Eternal Father, *“How can we discern between the voice of one’s Guardian Angel and the Eternal Father.”*

**Eternal Father:** Each has his or her own unique style of communication just as you have there on the earthly plane of existence. You will get to know who is who by experience, by the type of message given and the intensity of love expressed within the concepts shared. Remember that your Guardian Angel is with you each waking moment of your life and tries to help you through each moment of the day in whatever way is possible to your developed relationship. I have assigned this heavenly being to be with you and to help you as a personal friend through whom you may be nurtured and to whom you may go for direct help. One of the interesting functions that your guardian angel can and will do for you is to carry your plea to the foot of my throne and/or to the guardian angel of one you wish to ask a favour here in heaven. Your Guardian Angel will be with you at your moment of death giving you comfort and the direction you will need in that moment of transference to your new abode. Your Guardian Angel is a being of Light who can manifest there on earth at my expressed wish. \_\_\_\_\_ you have had this pleasure/problem situation which has in so many ways helped you to become the prayer warrior that you are today. Adieu.

**Tuesday, September 24, 2002. 8:02 p.m..**

**N:** Eternal Father, am I to go to the 8:00 a.m. Mass at St. John’s Church on Saturday mornings.

**Eternal Father:** Here you will need to exercise your own will in choosing whether to continue attending St. Mary’s Cathedral at 5:15 p.m. Mass or to take your son to the 8:00 a.m. Mass. You will find that the sermons will be different to those you are used to, but that they will be a refreshment to your soul. You will have the benefit of new gospels for Saturday as opposed to having the same gospel twice as is currently the situation. You would also give Danny the benefit of listening to the Word of God in a more controlled setting. His soul needs this refreshment as well as does yours. Adieu.

**Tuesday, October 28, 2002. 4:41 a.m.**

**N:** Eternal Father, please grant me the grace of living trust in You.  
What is the meaning of the redemption of man's sin in Jesus Christ?

**Eternal Father:** A good question! Here we have the answer to a question which is not well understood by man.

All that was created was created in My Will and in this way My Will is Sovereign. The created being's will cannot exist outside of My will or the created being would be no more. Thus, the created being's will is intimately woven, is intricately supported by My Will through time and for eternity.

For the created being to feel that they are independent of My will is to be in error. There are only two destinations for the created soul. First, here in heaven with Me and my angels. Second, in hell where those souls who feel their own wills were more important than My beneficent will, My plan of glory for that soul.

Do you see how My will and your will are woven? You are dependent upon Me, but I am not dependent upon you. I am Your God, you are not My God. And yes, it is wise to ask for the grace of obedience to my will because I create and support your very being for all time and all eternity. Trust in my Presence, in My loving regard of your daily pursuits. My Holy Spirit will guide you within My Goodness.

Where has sin come into this ongoing picture, this ongoing reflection or image of My Being? Sin is simply the undoing of My will— a denial of My Will in your life, a denial of Life's plan existing for all eternity in My infinite Mind.

Are you always aware of Me— no! But I AM always here supporting your life and giving you graces which will enable you to live a more fully loving life, one of service to Me Your God and to your neighbour who needs you. In this way you are a reflection of my being, for do I not serve you my created beings?

Sin is therefore a variance from My Will which needs to be corrected and atoned for. Since sin, coming through Adam and Eve, your human parents, occurred and was perpetuated against Me your infinitely Good God, then the only atonement, the only redemption possible for this STAIN upon my Goodness is to have a part of my very Self— My Son Jesus— make up for sin, to suffer upon the cross while carrying your sins upon His perfect shoulders.

Yes, His shoulder wounds were caused by the weight of the Cross, the Holy Cross which impressed the sin of mankind which was, is and is to come— wounded Him sorely, wounded Him grievously. It was through His "Yes" to My Will, which as your Pope John has mentioned, supplanted and drew out as a weed the "No" of Adam and Eve to My Holy Will for mankind.

In this sense, this second Adam then replaced the harm done to My Goodness with his action— redemption which then sanctified all sin in my eyes. Sin, now in the Redemption, became white as snow, as a pure white dove flying freely in an azure opal sky.

Did this redemption make the original sin of man more beautiful? No! But the sin was now replaced, uprooted in My memory.

What is man's role in this? If man sins, then he has been given the ultimate opportunity to repent of his sins through personal repentance and through the formal process of reconciliation in the church headed by the Mother of My Son.

Do you realize what a blessing this is! Man need only ask for forgiveness through the wounds, through the shed blood and water of my Son who atoned for all sin. The Perfect Sacrificed Lamb of God, the Perfect Shepherd who guides all his lambs into my flock here in heaven through the straight and narrow gate that is My Son.

(Continued...)

**Tuesday, October 28, 2002. 4:41 a.m.**

(Continued...)

Follow Him! And in doing so you too will have the opportunity of sacrificial suffering. As my Son suffered for your salvation, so too you will have the opportunity of suffering for the conversion of souls by walking in the shadow of my son's Cross, within His very footsteps within you life. Is this not a mystical blend of wills—both your own and My Own?

My saints have blended their will into My Will for they knew that My plan for their life is seen with My infinite eyes, My infinite awareness and therefore is resplendent with glory here in heaven. There are many toils and snares of the Evil One there on earth, but my grace is sufficient for you .

Harken unto these words for My Will is a Saving Will, My Will is a an ever-living Will. My Will for you my child is that you become my child here in heaven where there is peace, love and the bliss of heaven. You will need no light for my Son's Light will ever shine upon you. You will feel no more pain, no more suffering, no more anxiety. You will sense My presence— My loving nurturing presence here with all the saints and angels. We do not hold ourselves back from you here, but are more intimately acquainted with you, are more intimately interwoven into your life than there on earth. There is a great Union of will within My Holy Will here in Heaven.

That is why My Son brought you to the Kingdom of God there on earth that you might have a taste, a foreknowledge of what it is like here in heaven.

Please try to understand that there is an infinite communion within My Love here in heaven which awaits each one of you through the redemption of My Son.

Adieu.

**Monday, January 13, 2003. 6:43 a.m.**

**N:** Eternal Father, please discuss the meaning of the sentence, “All creation glorifies God.”

**Eternal Father:** Well it is with pleasure we meet once again in your computer/prayer room in which so many truths have been given to you and to your readers. (alarm goes off at 6:45 a.m.)

We do not need to be alarmed by such trivial occurrences as they will not interfere with our message to you.

In the beginning, I your heavenly Father, created all things through my Word, your Friend as you call Him, Jesus Christ my one and only Son, Who came upon the earth to redeem all mankind of its original sin which came through the first Adam and Eve. Remember from your reading of the Bible, my manifested Word, that is, my revealed Truth sent to you through the Holy Spirit, my Spirit that is to reveal all Truth to each of you in the inner kingdom of God, my temple within each of you. It is here that you will receive my presence if you but only accept my Grace and Presence in your life. It is here that my will can be done by each of my children. When you decide to sin, that is, to do your own will in opposition to my will, then sin occurs. Sin seen by humans is horrid, despicable and viewed as only evil and emanating from only the Evil One.

Remember that I am Omnipresent, Omnipotent and Omniscient, that all things have come through me; that is, all things exist within my omnipotent will and without my will to support their existence they would be as naught. “How then,” do you ask “can the ugliness of sin be explained? How can this ugly sin be permitted? How can a child be killed by a person wielding an axe? How can such an all-loving God permit this to happen? such an all-loving God not stop such heinous events which appear to do so much permanent harm?”

These are questions which come from a created being who does not have the benefit of my thoughts, who does not have the benefit of my eternal eyes. Yes, these acts, these sins, these acts of will which are in opposition to my will have been permitted to happen only because I have wished to allow my children to have the blessing of free will, to be allowed to be responsible for the things that they have decided to do. Otherwise I could not reward my children here in heaven with the glory they have earned by the free acts of their will there on earth. Truly and inevitably, all the acts of my children will come before my infinite justice, before the throne of my all-seeing throne wherein my Son, Jesus Christ will use my pronouncements to judge each of you, my beloved children, according to your works. Will you receive the rewards of heaven or the “rewards” of hell? This is for me to decide at this last judgement which will lay bare all of your inner thoughts and motivations and all of your deeds so that all can see the infinite goodness of my decisions. Each of you will come to know by the expressed and non-expressed behaviour of the individual that he or she has earned of glory or non-glory and each will know his “cup,” his reward which has been earned by the life lived there on earth. How else could it be?

Yes, I too see sins as ugly, a heinous wound to my Goodness, and yes, my Son has intervened on your behalf that you do not merit the reward of punishment in hell if only you ask for this redemption, that you believe in His salvific passion on the cross as being the “gate” through which each of you must pass through contrition for your sins, through penance and eventually purification here in Purgatory which is so near heaven.

But also remember that I see sins committed in a quite different way than do humans who only have the sight of human finite eyes. When I see sin, I see the opportunity for my children to make amends to feel sorry for having committed such a grievous error and wound to my Goodness. Only through the action of My Holy Spirit sent to you by My Son Jesus, who sends our Spirit into your heart of hearts, can you find redemption, find the peace of forgiveness through my Church, the Roman Catholic Church, through its and my sacrament of reconciliation— can my graces flow uninterrupted into your heart and soul so that you know of my peace love and joy for you. Am I responsible for sin— no. But even though sin does exist within my will as a possibility of human behaviour, I have not willed that any of my children should sin, but rather have

(Continued...)

**Monday, January 13, 2003. 6:43 a.m.**

(Continued...)

given abundant graces to each of you that you will be strong enough to resist the temptations of the flesh and the attractions of the world. Yes, you need my help, my mercy and grace to thwart the plans of Satan who hides himself as a being of light, and as such is the Deceiver who would influence your will to do his will and not my will in your life.

What are your options? Well, you can do your own will, you can do the will of the evil ones, or you can do my will which will bring rewards of glory for you in my heaven where only my infinite will is done. Do you not know that I have prepared a place for you, each of you, and that it is up to you to earn the highest place that I have prepared for you. How I yearn to have all of you with me in heaven living in the glory that is potentially yours.

When you are judged, you will know that you are being treated completely fairly, and that you have been given more than ample opportunities there on earth to merit the highest place that my grace will allow. In accepting your judgment you will know that the assignment to hell is merited by your own choices, yes, that you have chosen to go to hell by the way you lived your life. If you rant and rave against me, then you have earned your surroundings in hell. All will know that you will receive what you have willed and have asked for in your life on earth.

If you need further purification before entering heaven as do most of my children, then you will know that it is in your own best interests to have the spots or stains of sin removed from your souls before entering heaven. This of course will be my decision for you as my children, I will wish to “wash your face” before you enter the banquet hall of heaven, wherein there is eternal reward and glory awaiting you, where there is no more pain or stress or anxiety, but rather the peace, love and joy of my Presence and where all will come to know me face to face, always remembering with holy awe that my face is an infinite one of Goodness and Love and Bliss.

Yes, it is difficult for my children there on earth to see with my eyes, even impossible, but I do see each of you for you are made of my Word, the infinite Life WE gave you, and thus you are made in OUR image, you are a Likeness of US. If my Son Jesus had to suffer there on earth then do not expect to be pain free, rather expect that you will have to carry the cross with my Son on the way to Calvary, on the way to total self-giving if you wish to become an image of My Perfection. Is this an easy process to go through? Yes, at times, but there are times of testing, times of being fired, tempered in the flames of my Infinite Love for you. You will not always feel my Presence in your life as did my Son whose greatest anguish was to feel separated from Me, His Eternal Father. Do you feel this same way at times? Do you cry out in greater and greater earnestness to hear my voice, to receive My grace. Or do you rant against my “non-presence” as do those in hell. The decision is yours to make.

Adieu.

**Monday, October 20, 2003. Early Dismissal Day: Current Time is 1:15 p.m.**

**Doug Norkum:**

Kaleigh Norkum, \_\_\_\_\_, and Katie Norkum came home today at noon on Early Dismissal Day.

Danny Norkum came home by bus from St. Joseph's Catholic Public School.

\_\_\_\_\_ and Kaleigh mentioned about \_\_\_\_\_'s hearing a special music yesterday during what would seem to be a possible miracle. Kaleigh mentioned to \_\_\_\_\_ that her dad had had a similar experience in his youth at about the same age with the "angelic celestial music"

\_\_\_\_\_ 's special event took place yesterday, Sunday, October 19, 2003 from 12:00 to about 12:05 p.m. at Montana's, a local restaurant in Kingston, Ontario on Gardiner's Road.

\_\_\_\_\_: I was coming out of Montana's restaurant and this little bird smacked into the restaurant window and it fell to the ground. So I picked it up and all the sudden I heard this beautiful music. It went on for 5 minutes and when it ended, the little bird got up and flew away.

N: How do you know it was 5 minutes?

\_\_\_\_\_: It just seemed like it. Pretty long.

N: Did you have a watch?

\_\_\_\_\_: No, my dad did. All I know is it was 12:00 when we left the restaurant.

N: Did you look at your dad's watch at the end?

\_\_\_\_\_: No, it was 10 after when I got in the car. I saw the dial when the car turned on.

N: When you were experiencing the music, did it sound like instruments?

\_\_\_\_\_: It was like an angel voice, tons of them coming from everywhere, coming from in front and in behind.

N: How did you feel when you heard the music?

\_\_\_\_\_: Like I felt warm inside, a tingly feeling.

The music ended, then I asked my dad could he hear the music. He said no, he couldn't hear it.

N: Did you talk while you heard the music?

\_\_\_\_\_: I was speechless.

N: Were you happy or sad?

\_\_\_\_\_: I was sad because of the bird, but happy because the music was so beautiful.

I picked up the bird and the music just started happening.

I was holding the bird while the music was playing and when the music ended, I asked my dad.

After that he said no, and the bird just stood up and flew away.

The music ended and the bird got up and flew away.

N: Neat eh!

\_\_\_\_\_: Yea, I know.

N: Did you think about where the music came from?

\_\_\_\_\_: Kaleigh, told me about your angel music.

N: Sounded like angels?

\_\_\_\_\_: Yes, I couldn't understand what they were saying but it was something.

**Monday, October 20, 2003. Early Dismissal Day: Current Time is 1:15 p.m.**

(Continued...)

N: Sounded like angels?

\_\_\_\_\_: Yes, I couldn't understand what they were saying but it was something.

N: Was the music fast or slow?

\_\_\_\_\_: It was in between, mostly slow.

N: Did it sound like it was moving in tone.

\_\_\_\_\_: It was moving in tone.

N: Was it high pitched.

\_\_\_\_\_: It was middle and high; there was no low sounds.

N: Do you think you've ever heard such music before?

\_\_\_\_\_: Never like that. That's why I was sort of stunned.

So happy! (Referring to the music)

N: I mentioned to the girls that I had seen an unusual bird outside where we feed many birds. It was a small, singular bird about the size of a wren, having a black hood and a white belly. I had never seen such a bird before. It was not a chickadee. After my describing this bird, \_\_\_\_\_ confirmed that the bird that she had picked up in her hands had the same markings. This was interesting as these two events were one day and about three miles apart.

N: I wonder if this was a test from God for \_\_\_\_\_ which she seemed to pass with flying colours! God works in wondrous ways! I wish to add that I have never heard that celestial music again— only a charismatic group singing praise songs was a dim reflection of the omnipresent, bliss-filled harmonic music of angels that I heard. Would that I had passed my test!

Wednesday, January 7, 2004. 4:45 a.m.

N: Eternal Father, thank you for the socks at the Cataraqui Truck Stop now called the 611 Restaurant. This was a complete surprise to me as I thought \_\_\_\_\_ was referring to the Cataraqui Town Centre when he invited me for supper and I wanted to get a pair of socks there.

\_\_\_\_\_ on the previous weekend had gone to Marmora where between the 9th and 10th station there was a woman with a young child. He smiled and made a welcoming comment to the young boy and from the direction of the 10th station another young boy of about 5 years of age appeared and said to him, "Why are you laughing? This is serious."

\_\_\_\_\_ then asked me in conversation at our table to reply "Yes" or "No" to the following statement:  
*"It is correct to receive this as a message from God."*

[Note: I trust that this paraphrase is mostly correct as my verbal memory is very weak.]

Eternal Father, please shed light upon this.

**Eternal Father:** It is right to come to Me with such questions as they then can be answered in a direct way from the Source of that which is Truth and not that which is relative to the Truth.

It seems that you both are trying very hard to come to grips with a subject which is very dear to my heart and that is My Truth.

My Truth is infinite and cannot be completely understood by finite beings even though I shed My Light into such beings in order that they might have greater comprehension of My Illimitable Truth.

If the creature says, "Yes, I understand all that Truth has to offer," that creature fools himself or herself. If the creature says, "No, I do not understand anything of Truth," then he fools himself or herself as My Truth shines into my creation in immeasurable ways into countless beings who have the right to presuppose that they are special and are loved unconditionally by their Creator— Me!

Who should deny my child, my creature the right to say "Yes" or to say "No!" I have given my children the right to have free will to determine how they will interpret my Light, my given grace, my given gifts. It is for the creature to interpret the meaning of my messages in an unending learning process. My Truth is ever changing, ever-new, ever-exciting. You my children will always be learning from the Light, the messages which I form out of my being for your best intentions. You will be ever growing in my Goodness and Love for all eternity— if you make the right choices, make the right return of gratitude and thanksgiving for your redemption through my Son Jesus and the powerful intercession of His Pure Mother Mary.

Yes, it is for you to recognized my presence in all things, for I am indeed omnipresent and omnipotent. My omniscience enables you to become more knowing of my presence and influence in your life. As you become increasingly pure of sin and increasingly more in keeping , in conformity with My Will, you will be learning My spiritual lessons in an ever increasingly progressive manner. There is no limit to this progression. It will be both slow and fast at times, and even here in heaven there is a progression in awareness of pleasing My Will.

(Continued...)

**Wednesday, January 7, 2004. 4:45 a.m.**

(Continued...)

Do you wish to become holy? If yes, then do my will in your life. Do I leave you ever alone? -- No, I do not. for you cannot exist without my support for am Life itself. The words “through Him, with Him, and in Him” reflect this Truth.

\_\_\_\_\_ is correct to assume that all things take place within my will and that all is a part of my Truth.

Created beings with the right of free will have the right to sin, that is, to do that which is not my will. My Mother has told you to “fear only sin” – that is, to fear doing that which is not my will. I have given you two predestinations- heaven or hell. So who is in Control? Most surely not the created being.

Doug, you are correct to assume that greater explanation must be given to My presence in your life and that this is an unending process. At some point , you the creature, must recognize My presence in your life. Would it not be wise to humbly accept My presence at the simplest level and then proceed to the more real and complex existence as you do understand them and those to which your comprehension aspires? In this sense it would have been productive to say “Yes” to the question put to you and then to proceed to greater understanding. My Truth is for all my children without exception. How My Truth affects your lives is for each of you to determine and to make free will choices in their interpretations. You are responsible for your choices. You have the right to go to hell or to heaven after purification either their on earth and/or in Purgatory.

Your Creator is an integral part of this process and yet so often has been left out of the human equation! This has grieved Me immensely. As your planet’s inhabitants become increasingly atheistic my very Being is grieved for the sad plight into which my children, blind as they make themselves, now are coming. They march in droves into hell without the slightest look over their shoulder to acknowledge the Presence of their Creator as though they were self-sufficient even in hell!

And yet here in Heaven my children live in Peace, Love and Joy endlessly in the mansions prepared for them by my Son Jesus. Please teach my children to repent of their sins, to repent of not doing My will and to turn and proceed to Heaven within My will for them, for there is no middle path.

Adieu.

**Friday, March 25, 2005. 6:17 a.m.**

**N:** Eternal Father, \_\_\_\_\_ said, "I need help." And leaving for his car he mentioned that, "It could be a matter of life and death." Knowing that eight days ago I was on Zithromax for five days, an antibiotic, I wish not to interfere with your message and yet wish to help my friend. What is Your advice?

**Eternal Father:** Well it has been a long time since our last session together has it not Doug. You are in a state which is influenced by the drug which helped your throat so much but it does have lingering effects upon your consciousness. But as you can see I, Your Father, also have my ways of dealing with such situations.

\_\_\_\_\_, you need to realize that no matter what the circumstances, no matter what the situations you get yourself into, no matter what the dead ends you face, that I Your Father will be there to help you in the smallest and largest of ways. You have lost your courage to go on— notice that you lost it, not *we* lost it. *We* are an insolvent team, one which cannot be separated except by your worry, your doubt, your concern that I will not or may not help you in deciding what to do in a certain circumstance. Remember that I have given you free will and I expect you to use it in conjunction with my own will for the good of others. You do not hesitate to step in and help others which is good. However, do you wish to extinguish your own flame in a howling wind, before the ship of your being reaches that distant shore into which you so desperately wish to enter.

You too have limitations physically, mentally, socially, economically, but not spiritually, for I am with you to help you through some of the decisions which you have made and will need to make to once again return to an inner sense of peace, one which the Holy Trinity helps you to acquire, to **assuage**.

\_\_\_\_\_, don't grieve over spilt milk, for what has been lost has been lost and what has been won has been won. Keep your spiritual eye upon Me, Your loving Father, and I will guide you with My Holy Spirit into the kind of life that brings peace, love and joy to you and to those around you. Remember that it is I who guide you and not the reverse.

Take on a single problem and quickly determine a course of action and then begin that course— all along asking for my help and guidance. Notice I did not say that I would make your decisions for you. It is upon the course of action that **you** have taken, there upon the road, there upon the shadow of my Son's cross that I will always be present to encourage you, to guide you, to bring Light to the footsteps you are trying to take upon a path which would otherwise not be illuminated. My role is to bring Truth increasingly into the open for you so that you can decide where to place that next footstep which you have already begun. Do not expect me to put your foot down for you. Even My Son on the cross, which you celebrate today, upon His cross wondered where I was and yet He knew that I was with Him and yet He wondered aloud. I am not easily discernible there on your earthly plane of existence in the sense that it takes faith to know that I am with you, maintain you, guide you and love you.

Do you see that I am with you? Do you know that I am with you? In what ways do you feel that I am with you? In what part of Beauty am I not present? In what part of Truth am I not present? In what part of Life am I not present? In what part of Light am I not present?

I AM and within Me all exists to do my will... by free will, or not to do My will.... by free will. To be with Me here in Heaven or to be with Satan in hell. These are your choices.

So it is with Love I ask you to do My will upon earth as given to you by my Son. Continue to read and share the words of my Son's Bible with others that they too may make the right choices within their lives. Notice I did not say for you to make their choices for them or to tell them which final choice should be made. Each person must come to their decisions with the dignity that I, their Father, have given them.

If you cook the bread and fish upon the shore, then allow others to eat of the meal if they so wish without telling them they must eat of the meal that you have prepared. There is a subtle point here which you seem to be missing at times in your conversations. A child who is forced to take medicine will have an aversion to taking that medicine on their own, and will be predisposed to disliking that medicine. Here the medicine is My Word in the Bible. Each person needs to sense the Truth within these words, however distorted that may be, and to act upon it in their lives.

Doug, you are getting physically tired so we will end now for a time. Do invite \_\_\_\_\_ to **ASK** questions— for ASK means to **Ask, Seek and Knock** it does not mean to Aggravate Self's Knowledge- by complaining.

Adieu.

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**assuage:** to make an unpleasant feeling less intense

Sunday, December 24, 2005. 9:11 p.m.

**N:** Eternal Father, do you have a message for \_\_\_\_\_?

**Eternal Father:** Well it is good to hear from you again Doug. Do not fret that the long time between sessions will deter us from our repartee. You will be able to hear my words clearly in the silence of your awareness and therein I will counsel you and your friend who is in Bath institution for a brief time.

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And so \_\_\_\_\_, do you wish to follow your own will to hell or do you wish to follow my will to heaven? That is your choice, a choice that I have given you from your birth.

You have the inclination to follow me, but you do not at times open yourself to My will for you. Follow the steps that my Son has taken and you will find the path to my throne. Do not think that I cannot forgive you or will not forgive you, for my love for my children is limitless, my mercy boundless.

In the confines of your current accommodations, you do not have the “freedom” to come and go as you would like, but there you have the opportunity to reflect upon the purpose of your life and how you have lived your life to this very moment. You wish to change but at times insist on taking the same path that you have always taken--- that of your own will despite your knowledge of society’s will, in its laws and the inborn sense of right and wrong which I have given you at your birth.

Clearly you need to make a change and yet realize to make that change you will have to undergo many hurtful new routines and ordinances which you may choose to disobey in the pursuit of your own ego’s will.

Look at the life of my Son, Jesus Christ. Did he not conform to my will to reveal My glory there on earth? Do you think that it was easy for Him in the Garden of Olives to resist the temptations of Satan who did not know of His divinity, but who wanted to test this “saviour” just to see if he was the Anointed One. Much to his chagrin Satan found that Jesus was the saviour and as such He, Satan, could no longer prevent him from suffering on the cross and thus redeem mankind. Satan did not want Jesus, my Son, to suffer on the cross for all mankind, but Satan wanted to see if he could break His patience, His humility, His perseverance, His will, to conform Him to his own demonic end.

To what end do you wish your actions to lead you? What end do you wish to attain for all eternity? You see Barry, I have given you eternal life here with Me in heaven if it is your wish or to eternally suffer the torments of hell with Satan whose authority you would submit yourself-- quite without your approval. Think of this choice you can make--- Eternal Bliss in the Love Peace and Joy of my Son or the Eternal Pain of the fires of Hell. You see both of these destinations are quite real. Do you wish to be a sheep or a goat? To be apart of the flock that goes to heaven, the ones who follow my Son the Good Shepherd or to be a part of the much larger flock of goats who bully their way to hell without ever passing through the gates of heaven. The Good Shepherd lies at the gate and defends his flock of sheep to the death against the wolves of the night, and in this case, the demons of the infernal day.

Are you willing to submit your ego to the will of a shepherd who would lead you to me or do you really think that your ego will take you anywhere but to self indulgence in the flames of eternal torment. Have you not burned yourself on earth to the point of wondering what it must be like in the incredible heat of hell where your worm would writhe forever. Take note.

You need help and help is being offered to you. Pray to your guardian angel to give you guidance and direction. Pray to my Son Jesus for his protection and counsel. Read about his life in the Bible. Put yourself in His place and see the lessons which you are to follow as a sheep after his shepherd knowing that there is great safety there. The way will be rocky, but the way will be traversed in faith and in My grace.

Adieu.

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**fret:** to allow a chasm to occur due to erosion over elapsed time

**repartee:** conversation marked by astute and carefully worded retorts—to “sup” with our Eternal Father!

**Sunday, February 12, 2006. 6:15 a.m.**

**N:** Eternal Father, please explain the presence of Your Son, Jesus in the Host.

**Eternal Father:**

It is with pleasure, My pleasure, that you once again come before me in this cold room of yours.

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The presence of my Son is the same presence that I share with Him and the Holy Spirit. We are omnipresent throughout the creation and the non-creation. At what point in time would someone say that we are not present? My Son is my WORD. From this WORD that is always with Me— my Son , My only Son, has created the universe that you know. It is our thought, our awareness that sustains the universe and is its origin and destination.

We, the Holy Trinity, are PRESENT in all things although not always perceivable by the eye of the beholder who would strain to see us present in a finite form. My son died for you that you might be redeemed from the sin that you, through your own free will, brought into the universe. Do not be ashamed to say that you have sinned. Do not be ashamed to say that you do not know all things with your finite mind. Humans have the restriction of language to interpret and communicate the essence of Our Being, that is, the Holy Spirit's Being.

Will language ever encompass the total essence of Our Being--- of course not.

It is here in infinite awareness that I AM that your being rests and unfolds within the confines of the created universe. And so it must be, for you do not have existence separate from US.

Language is a pallid reflection of our BEING. What language can fully describe our infinite awareness? And so you must accept the limitations of language in its description of My Presence in the Holy Eucharist.

My Son at the Last Supper told you, while picking up the goblet of wine, He said, "This is my blood." and picking up the loaf of bread said, "This is my body." These are verities, the TRUTH.

But does your language fully describe the infinite presence of Our Being, Our Awareness? Of course not!

To humanly limit the presence of God is folly. Are there limitations to the perception of God, -- of course there must be. Does the human see the physical presence of my Son within the host-- most do not. Does the human perceive the presence of My Son within the host-- many do feel the Bliss— the Love, Peace and Joy that is my Son, the Father and the Holy Spirit emanating from the consecrated Eucharistic Host.

There are those who sense the light radiating from the Eucharistic Host as there is not a limit to the ways the individual can perceive the presence of the Trinity in the Host.

In every sense, God, the Holy Trinity, in the form of the real body and blood of my Son is presence in the Holy Eucharist. In what ways do humans have most trouble perceiving My Son in the Host? Most do not see the outward form of my Son even though He, the Father and the Holy Spirit are present in the Host. The outward form of the bread and wine remain-- the thin shell of reality which can be easily seen. My Son has granted though My will that His blood become visible from within the "shell" of the Host to very blessed individuals who are to share this experience with others that their faith might be enlivened to the REAL PRESENCE of My Son within the Host. At this point it is well to note that even the "shell" the outer layer of bread and wine is a part of the WORD that is my Son, that is Me the Father, that is the Holy Spirit your Comforter and Counsellor. This is as it should be. This is the way that the Real Presence of the Holy Trinity is felt and perceived.

Adieu.