

I AM

“Oneness”
no movement

pure aware existence
infinite presence and power
gives grace and opportunities
to grow and improve

WHO

YHWH
cannot be spoken
personal

shared awareness
accept or rejects grace
to grow and improve

i am

“Twoness”
created movement in
space-time-gravity

T

Celestial Paradise
Creator’s Will
angels & saints

GRACE
imparts knowledge
to enable acts of love.

HOW
humble open willingness
to change
REPENT!

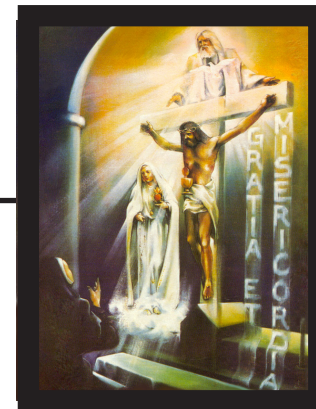
Hell
“self-will”
demonics

R

Grace Metaphor
Jesus asleep in boat
r r r r r

Grace Metaphor
ship sailing
with barnacles melting
r r

Grace Metaphor
steel ball
on a teeter totter
r r



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Reflections

U

Heightened Awareness States
Consolations

The Bible
‘Word’

Dark Night of the Soul

locutions
visions
dreams

Celestial Music

Infusion of the Holy Spirit

Light of Christ

Meditation and Contemplation
‘not this not that’

Physical
sickness
disabilities

Redemption
“My peace I give you.”

T

Mental
depression
delusions
hallucinations
psychosis

H

Free Will

Love-Filled
Visualization and Affirmation

Listen Intently in the Silence of your heart

Ask Seek Knock

Quiet Body Senses

Discontent Hate Savagery
Deception Cruelty Suffering

Love Peace Joy
Mercy Justice